



LOWER ISLAND SOCCER ASSOCIATION

RULES AND REGULATIONS

July 15, 2024



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INTRODUCTION

Youth soccer is most effective when everyone involved, be they players, coaches, referees, spectators, or organization officials, knows and follows the 'Rules of the Game'.

This compliance promotes fairness and creates a supportive, inclusive game environment.

Some of these rules are set by senior soccer organizations. At the international level, the body is FIFA (Federation Internationale de Football Association, the International Federation of Association Football). In Canada the senior body is the Canada Soccer Association (CSA) and in British Columbia, the BC Soccer association (BCSA). For southern Vancouver Island, the organization is the Lower Island Soccer Association (LISA).

The rules and regulations in this manual are based on the rules and regulations from those of these bodies as they apply to the LISA District.

They also reflect the LISA constitution and bylaws and support the LISA policies.

COVERAGE

This manual contains all the rules and regulations as they are at the date of release (see the footer for the date).

As soccer adapts to changes in the sporting environment, rules and regulations may also change. The LISA board regularly reviews and updates these rules and regulations to reflect those changes.

LISA releases a new version when changes affect the entire document. The new version is shown in the history table below. Revisions and updates affecting individual rules and regulations are shown in a version history within each rule and do not require a new version release.

The version date is the date the LISA Board approved the new document.

USING THE RULES AND REGULATIONS

The rules and regulations are divided into:

- Registration and Team Formation
- Small Sided Games
- Inter Organization Competition
- District Cup and LISA Cup Play
- Provincial A and B Cup Play
- Discipline

Each rule within the Parts is structured:

- the rule number;
- the version history;
- a Rules Statement (high level summary of what is in the rule); and
- the Rules.

The text is written in plain language but if you are unsure of how to interpret or use the rule, contact the Executive Director at executivedirector@lowerislandsoccer.com.



FINDING THIS DOCUMENT

This document is available on the LISA website <https://www.lowerislandsoccer.com/>, or by contacting the Executive Director at executivedirector@lowerislandsoccer.com.

VERSION HISTORY

VERSION	APPROVAL DATE	SUMMARY OF UPDATES MADE
1.0	January 2024	Original Document
1.1	August 2024	Rule 205, 403, 408, 704
1.2	August 2025	Rule 206, 401, 402, 403
1.3	November 2025	Rule 602
1.4	July 2026	Small Sided Games 301-319



PART 1. DEFINITIONS

This Part defines the terms used in these Rules and Regulations.

The definitions add to those in the Societies Act and regulations (the legislation under which LISA is constituted), the LISA bylaws, and the LISA policies.

If there is any conflict between the definitions, those in the legislation, bylaws, and policies prevail.

**RULE 100: DEFINITIONS**

Version History	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

LISA may add definitions and abbreviations.

Rules

“Act” means the British Columbia Societies Act as it may be changed or replaced.

“age eligibility” means that the player must not have reached the upper limit of the age by December 31st of the playing season.¹

“BCSA” means the British Columbia Soccer Association.

“eligibility for cup play” means that the player has played in at least one “regular season” league game.

“gender eligibility” means that a player will be assigned to the gender team with which the player identifies.

“LISA: means the Lower Island Soccer Association.

“LISA Members” means Full Members, Provisional Full Members, Affiliate Members, and Honorary Members as defined in the bylaws.

“LISA Members (delivery)” means the Members who provide soccer activities (i.e., Full Members, Provisional Full Members, and Affiliate Members), which can be referred to as a group or individually.

“LISA Member participants” means the Member’s board, staff, players, teams, and volunteers who participate in the LISA Member’s sanctioned activities (see below).

“LISA participants” means all participants from the LISA society including the LISA Board, LISA Board Committees, LISA Advisory bodies, LISA staff, LISA Members, and volunteers.

“LISA sanctioned activities” means all activities undertaken by LISA participants related to the governance, management, and operation of LISA as a society.

“LISA Member sanctioned activities” means all activities undertaken by LISA Members related to the governance, management, administration, and delivery of soccer programs (e.g., practices, games and tournaments) where the organization is in full control of the activity.

“Other participants” means any participant present at LISA-sanctioned soccer activities who are not affiliated with a LISA Member.

“parent” means:

- either parent if both parents have a common residence;

¹ For example, the eligibility limits are: age 18 for U-18; age 17 for U-17; and age 16 for U-16.



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- the surviving parent if there is only one surviving parent;
- the parent who has custody of the player if the parents are living apart;
- the parent with whom the player habitually resides if both parents have custody;
- either parent if the player does not habitually reside with either parent: or
- the person who is in *loco parentis* to the player if both parents are deceased.

"poaching" means any attempt to induce a player on a Member organization team to:

- leave his or her team before the completion of the team's league, cup or provincial cup commitments; or
- leave his or her home organization to join another organization outside of the permissible contact period.

"pooled team" means any individual team organized in a collaborative manner by two or more member organizations.

"registration data" means all information related to registration that concerns players and/or teams within a LISA Member organization.

"residence qualification" means the residence of the "parent".



PART 2. REGISTRATION AND TEAM FORMATION

This Part covers the registration of players and the formation of teams.

All youth soccer players must register with a LISA Full Member or Provisional Full Member.

The Member organization passes the registration information to LISA, which in turn passes it on to BCSA. Once this has been done, the players are officially registered with BCSA.

Players are registered to a Member organization, not to a specific team.

The Member organization forms the teams. It assigns each player to the team that best suits the player's development. The team composition can change until competitive play starts in January. At that point, the LISA organization registers the teams with LISA and BCSA and the composition of the teams is 'set'.

The Member organizations select the coaches for both in-house (House League) and District-wide league play. This Part also has the rules and regulations on these processes.

**RULE 200: REGISTRATION ROLES AND RESPONSIBILITIES**

APPROVAL HISTORY DATES	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

LISA Full, Provisional Full, and Affiliate Members retain custody and care of the registration information related to players and teams in their organization.

Rules

These rules should be read in conjunction with Policy 605, Registration.

That policy outlines the roles and responsibilities for BCSA, LISA Board, LISA Executive Director, and LISA Members.

LISA Members:

- must appoint or engage a registrar to manage their registration process and maintain the registration data; and
- must provide registration data to LISA through their Registrar.

The Member Registrars:

- report operationally to their organization but take functional direction from the LISA Registrar;
- are responsible for the registration process and the resulting registration data; and
- must submit registration data to the LISA Registrar.

The LISA Registrar:

- will send the registration data to the BCSA Registrar within the time frame and in the format set by BCSA.

The LISA and BCSA Registrars:

- may only use the data to confirm compliance with their rules and regulations; and
- must receive written authorization from the affected individual or team for any other use or dissemination of the data.

**RULE 201: PLAYER GENDER**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

Players will be assigned to the gender team with which the player self-declares that they identify and on which they feel most comfortable.

Rules

This rule should be read in conjunction with Policy 108 Human Rights Protection, and Policy 602 Diversity, Equity and Inclusion, and Policy 605 Registration.

All identifications of gender identity by athletes:

- is considered to be made in good faith; and
- does not require further disclosure or documentation.

Females may compete for and play on otherwise male teams.

A team on which at least one male is registered is considered to be a “boys” team².

² <https://www.bcsoccer.net/media/yi4plx1e/2023-bc-soccer-rules-and-regulations.pdf>

**RULE 202: PLAYER REGISTRATION**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

Players must be registered with a LISA Full Member or Provisional Full Member in order to participate in LISA small-sided soccer or LISA league play. Players may register with LISA Affiliate Members to participate in supplemental training programs. All players must be registered with BCSA.

Rules**Application of the rule**

Registration rules apply to:

- all LISA Members' players;
- players from any other jurisdiction wishing to play in the District; and
- all teams formed for in-season or out-of- season play.

The player must intend to play in a:

- try-out;
- exhibition
- league;
- cup or tournament match; or
- provincial, national or international program or event.

Players:

- may not register with more than one Full Member or Provisional Full member at the same time;
- are registered with their 'home' organization without being restricted to a specific team;
- registered with BCSA through LISA;
- have the flexibility to play on any team within their registered LISA Member organization that best fits them developmentally³; and
- may participate with an Auxiliary Member at the same time for supplemental training.

Players registered with LISA and BCSA:

- must comply with the rules, regulations and policies approved by BCSA and LISA where applicable;
- must be properly registered;
- must be properly affiliated; and
- must comply with BCSA regulations concerning participation with any organization outside Canada.

³ See also the BCSA policy on Playing Up and Down:

<https://www.bcsoccer.net/media/kcndmyb4/playingupanddownpolicy.pdf>



Timing of registration

Players:

- normally register before the season; and
- before the deadline for filing team registration forms with the LISA Registrar.

Players registering after the season begins:

- must get approval from the LISA Registrar;
- may register:
 - up to one day before the last league game of the season of the team on which they wish to play; and
 - one day before participation in a league game; or
 - seven days before participation in a cup game.

Duration of registration

Player registrations expire:

- when the player has completed his or her last game in league, cup, or tournament play in the season; and
- upon completion of their cup or tournament games for players of teams and players who travel to tournaments (within or outside the District or Province) who continue in cup play.

**RULE 203: PLAYER INSURANCE**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

BCSA provides insurance for players registered with a LISA Full Member or Provisional Full Member.

Rules

BCSA:

- provides Sports Accident Insurance coverage for BCSA sanctioned activities⁴.

Players are insured:

- from the time of registration with the Member organization validated by the LISA Registrar;
- for all tryouts, practice games, and tournaments played by “new season” teams or players;
- for registered players participating in all LISA sanctioned play;
- during a season for which they are registered; and
- during the out-of-season play (spring and summer).

The player’s parent or legal guardian:

- is required to sign a waiver⁵.

The claimant:

- must notify BCSA within 30 days and provide documentation within 90 days of the accident.

⁴ <https://www.bcsoccer.net/membership/insurance/>

⁵ https://www.bcsoccer.net/media/ezdn3eat/2020may_youth_participant_waiver.pdf

**RULE 204: PLAYER TRANSFERS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

LISA supports players by facilitating their ability to transfer between Member Organizations.

Rules

LISA youth players can transfer:

- between LISA Member organization youth teams;
- by using the BC Soccer Transfer form⁶;
 - if they have given prior notice to the LISA registrar; and
 - if they have submitted the transfer forms and fee to the LISA Registrar in time to meet the deadline for the notification of the BC Soccer Registrar;
- can transfer to a senior team before January 15 of each season by filing an application on the appropriate BCSA form;
- be reinstated from a senior team back to a youth team before January 15 of the playing season by filing an application on the appropriate BCSA form: and

BC Soccer:

- will charge a \$10.00 fee for each player transfer out of District.

⁶ <https://www.bcsoccer.net/media/5i3npxr2/youthtoyouthplayertransferform20212.pdf>

**RULE 205: PERMITTING PLAYERS TO MOVE**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	August 2024
Date Last Reviewed	

Rule Statement

Player permitting is the formal approval process that allows registered players to play on other youth or adult teams in sanctioned soccer events.

The intent of permitting is to allow teams to add enough players so that they can play a game; it is not to improve the team's competitiveness.

Rules

LISA youth players:

- can move to and from other youth teams within the club the player has been registered;
 - where a "pooled team" has been declared by two or more member organizations a player may be eligible to be "permitted" to any member organization team within the pooling agreement, subject to the player eligibility rules; and
- can move to and from senior teams.

Playing Up

Youth players:

- may play 'up' with a sanctioned senior team without restriction if:
 - the affiliated youth team consents; and
 - the senior league approves;
- who have been registered in an Adult League:
 - may play with a youth organization for sanctioned league;
 - may play a maximum of 5 times in any one season;
 - must have the consent of the affiliated Adult League; and
 - must have approval from their 'home' organization; and

The Coach or Designate⁷:

- must complete the LISA online Youth-to-Youth permit form⁸ for Youth to Youth permits; and
- must complete the adult leagues Youth-to-Adult Permit Application for Youth to Adult permits at least 24 hours before the game for which the permit is to be issued.

Member Organization Technical Directors or Registrars:

- must submit the request to LISA before the start of the match for Youth games; and
- must submit the request to BCSA at least 24 hours before the game for Youth to Adult or Adult to Youth for which the permit is to be issued.

Teams:

- may issue permits for one game only;

⁷ Note that access to the form is restricted to positions designated by the Member organization.

⁸ Designated Club personnel have access to LISA online permit form.



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- may permit an unlimited number of Youth to Youth Single Game Permits per league game, including tie-breakers⁹ used to determine league champions;
- may not use permitted players for Cup games (District Cup, LISA Cup as well as A and B Cup) or interdistrict games; and
- must submit two paper copies of permit(s) with the team lists or include the permit number and the permitted player's name on the team list.

LISA:

- will permit an unlimited number of Youth to Youth Single Game Permits per league game, including tie-breakers¹⁰ used to determine league champions.

BCSA:

- will permit a registered youth player to play an unlimited number of times with an Adult team if:
 - the affiliated Member Organization agrees;
 - LISA has given their approval; and
 - the Adult League has received the completed Permit and Parental Liability Form before the match.

Member Teams:

- issue the permits.

The Member Team 'receiving' the player:

- may not use permitted players for Cup games (District Cup, LISA Cup as well as A and B Cup) or interdistrict games; and
- must submit two paper copies of permit(s) with the team lists or include the permit number and the permitted player's name on the team list to the referee.

Participating in a sanctioned tournament or exhibition match

Youth players:

- may participate as a guest player on another registered team;
 - must have a written release from his or her team prior to such participation;
 - must get written permission from LISA; and
 - must give first priority to his or her registered team at games and practices.

LISA Members:

- must complete the BCSA Short term Player Permit form and submit the required fee;
- must submit the form and pay the permit fee for each player for each tournament; and
- must submit the form for each player for each exhibition match but need only pay the permit fee one time between April 1st and March 31st of the following year.

Prohibition

A team:

- may not pick up guest players for regular season games;
- may only do so for the Provincial cup finals in July; and
- must meet the conditions in BC Soccer Cup Rules.

⁹ Tiebreakers for league games are not considered to be Cup games, even when a cup is awarded to the winner as is the case in league championship tiebreakers; these are still considered to be league games.

**RULE 206: TEAM REGISTRATION**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	August 2025
Date Last Reviewed	August 2025

Rule Statement

Players are registered to a LISA Full Member or Provisional Full Member organization and not to specific teams within those organizations.

This allows LISA Members to take a 'player first' approach to placing players where they can benefit most and moving them as they develop.

Rules

These rules should be read in conjunction with policy 608, Small Sided Soccer, and policy 609 Playing Up or Down.

Player assignment

LISA Full Members and Provisional Full Members:

- may assign players to teams that are best suited to the players' abilities and development;
- may reassign players to reflect changes in their abilities, skills;
- will register players for competitive play with BCSA and LISA;
- are restricted in changing team registrations after the deadline;
- must complete a BCSA "Playing up or Down" form¹¹ in accordance with policy 609 Playing Up or Down if registering a player in a lower age group; and
- may not register an entire team to play in any program/division/league that is an age category higher or lower than the age category determined by the birthdate of the team's players.

Team player eligibility

To play on a competitive team, a player:

- must be registered to play in their team's Member organization;.
- may play:
 - in a tier that is a 'best fit' for their development;
 - a lower tier that balances their development with team play; and
 - may be permitted to play at a higher tier and older age group

Team registration responsibilities

The Team Coach:

- must ensure that all the team players:
 - are properly registered with the Member Organization Registrar;
 - are qualified to play with the team; and
- who fail to ensure that the team players meet these requirements:
 - may face disciplinary action; and
 - may lose game points;

¹¹ <https://www.bcsoccer.net/media/ptulvdgb/playingupanddownform.pdf>



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- must submit the team registers before January 15th¹².

Member Organization Registrars:

- must submit their player and team staff registrations electronically to the LISA Registrar¹³ before the deadline specified by LISA and / or BCSA;
- must approve all changes that move players from one team to another;
- must approve any players 'trying out' with a team; and
- may prepare ID cards¹⁴ for those players and officials who require them.

The LISA Registrar:

- may at any time require a player to provide proof of age; and
- will issue ID numbers to team officials.

¹² After January 15th, rosters are 'locked' and cannot be changed.

¹³ U11 and Mini Team Registration Forms are the same as U12-U18 forms minus the Tier and Cup entry.

¹⁴ may be in electronic form.

**RULE 207: TEAM COMPOSITION**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

Teams will be composed so that they will be fair and will support the development of the players.

Rules**Team gender composition**

Teams playing in leagues, and in cup and tournament play:

- are usually gender specific;
- are not scheduled with male and female teams in the same league;
- can have practice matches between male and female teams; and
- organization teams are not gender-specific.

Team size

The sizes of teams registered under one team name are:

- maximum team sizes
 - U14 – U18: 20 players;
- minimum team sizes:
 - U14 through U18: 11 players;
 - U11 and U12: eight players; and
 - a “Mini Team”: six players.

Change in team size

The Organization Registrar:

- must have written permission from the LISA Registrar to add players above the maximums.

Organizations participating in BCSA Sanctioned Cup Play:

- must follow BCSA Rules and Regulations on minimum and maximum team sizes.

Team Officials

Team officials (‘the bench’):

- may include up to five individuals, usually consisting of the coach, assistant coach(s) and manager; and
- must have at least one team official of the same gender as the players on the team who must be present on the bench and in the change rooms.

**RULE 208: PARTICIPATION IN UNAFFILIATED SOCCER PROGRAMS**

Version History	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

LISA and LISA Member organization officials, players, and teams are registered with BCSA.

BCSA strictly limits BCSA-sanctioned officials, teams and players from participation in soccer activities with organizations or events that are unaffiliated with BCSA.

This includes but is not limited to leagues, cup competitions, and tournaments.

Rules

BCSA:

- may remove any referee officiating in an unaffiliated soccer activity without BCSA approval from the BCSA Registered Referee list.

LISA and LISA Members:

- may not participate in any unaffiliated soccer activity without BCSA permission; and
- may not partner with or promote the interest of unaffiliated soccer.



PART 3. SMALL-SIDED GAMES

This Part has the rules and regulations for LISA soccer programs for players aged 13 and under.

These players participate in the Small-sided Development Program.

This game format is designed to align the program with the youngest players' abilities and their development priorities.

The rules and regulations in this Part align with BCSA policies. They have the age-specific specifications for team size, game format and rules of play as these apply to both House League and District League play.

**RULE 301: IN-HOUSE AND IN-DISTRICT PLAY**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

Teams must comply with the requirements specific to the jurisdiction under which they will be playing and the location of the games.

Rules**In-house play**

Organizations that play only “in-house”:

- may modify their programs as they think necessary; but
- must comply with the BCSA Small Sided Rules¹⁵.

In-district play

Member Organization Teams participating in LISA administered leagues:

- must comply with the LISA rules which comply with BCSA Small-Sided Soccer Development Program.

¹⁵ <https://canadasoccer.com/wp-content/uploads/2026/02/Small-Sided-Games-Guide.pdf>

**RULE 302: NUMBER OF PLAYERS AND ROSTER SIZE**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	July 2026
Date Last Reviewed	July 2026

Rule Statement

Team size and game format varies with age such that players can learn and gain increasing skills and experiences.

Rules

DIVISION	# OF PLAYERS ON FIELD	ROSTER SIZE
U4-U6	Informal Games	6-8
U6-U7	3v3 (no GK)	Maximum 9
U8-U9	4v4 (no GK) or 5v5 (with GK)	Ideal 8-10
U10-U11	7v7	Ideal 10-12; Maximum 14
U12-U13	9v9	Ideal 14

RULE 303: FIELD AND GOAL PROPERTIES

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	July 2026
Date Last Reviewed	July 2026

Rule Statement

Playing facilities vary by division and must match Canada Soccer's Grassroots Standards Guidelines. <https://canadasoccer.com/wp-content/uploads/2026/02/2025-CS-FieldDimensions-Vertical.pdf>

Rules

DIVISION	WIDTH	LENGTH	GOAL SIZE	FIELD MARKING
U6-U7	18m- 22m	25m - 30m	Pop-Up (4x6)	Lines, Flags, Cones
U8-U9	25m - 30m	30m - 36m	Ideal 5x8, Minimum 4x6, Maximum 6x12	Lines, Flags, Cones
U10-U11	30m - 36m	40m - 55m	Ideal 6.5x16.5, Minimum 6x12, Maximum 6.5x18.5	Lines, Flags, Cones
U12-U13	45m - 55m	65m - 75m	Ideal 6.5x18.5, Minimum 6x18, Maximum 7x21.5	Lines, Flags, Cones

Fields

U11 and below

- a full-sized soccer pitch is usually demarcated into several smaller 'fields' to allow multiple games at the same time;
- field demarcations are often made with cones and flags; and
- goals must be demarcated with cones or mini nets and flags are not permitted.

U12 – U13

- a full sized soccer pitch is usually divided in half with two games played cross-wise on fields marked with cones to mark sidelines;
- may use sideline cones for the 12 yard box if there are no lines;
- will have the penalty area marked 12 yards out from the goal and each goal post;
- will have the penalty spot nine yards from the centre of the goal;
- will have the goal area four yards out from the goal and each goal post;
- goal frames with nets are recommended; and
- goal frames must be anchored.

**RULE 304: TECHNICAL AREA (U9 AND UP)**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

LISA follows the FIFA specifications for the size and use of the “technical area”¹⁶.

Rules

Team officials, substitutes and substituted players:

- are permitted to use the technical area;
- must remain within the technical area except in special circumstances¹⁷; and
- may convey tactical instructions from the technical area only one person at a time.

The organization setting up the field:

- so that the technical area is identified before the start of the match;
- will, wherever possible, place the team benches on the same side, opposite from the spectators;
- will, when this is not possible, have the spectators maintain a distance of 20 metres from the technical area;
- will set up the technical area so that it extends one metre on either side of the designated seated area and up to a distance of one metre from the touchline; and
- will use markings to define the area.

¹⁶ <https://www.thefa.com/football-rules-governance/lawsandrules/laws/football-11-11/law-1---the-field-of-play> and <https://www.lowerislandsoccer.com/2017/02/11/spectators-area-and-technical-area/>

¹⁷ For example, a physiotherapist or doctor entering the field of play, with the referee’s permission, to assess an injured player.

**RULE 305: GAME LENGTH AND BALL SIZE**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	July 2026
Date Last Reviewed	July 2026

Rule Statement

Game length and ball size vary by division.

Rules

AGE	GAME LENGTH	HALF-TIME BREAK	BALL SIZE
U4-U6	2 X 15 minutes	5 minutes	#3
U6-U7	2 X 15 minutes	5 minutes	#3
U8-U9	2 X 20 minutes	5 minutes	#3 or #4
U10U11	2 X 25 minutes	5 minutes	#4
U12	2 X 35 minutes	5 minutes	#4
U13	2 X 35 minutes	5 minutes	#4

**RULE 306: GENERAL DESCRIPTION OF SMALL GAME PROGRESSION**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	July 2026
Date Last Reviewed	July 2026

Rule Statement

Soccer play is structured so that players can progress by age and skills developed.

In alignment with Canada Soccer Grassroots Standards players up to U14 should be given 50% playing time as the minimum target standard for each game.

No tryouts or tiering is to be used before U10 as per Canada Soccer Grassroots Standards.

No select teams are to be established before U14 as per Canada Soccer Grassroots Standards.

Players should be playing multiple positions, not specializing early;

U4-U11 having players rotate positions regularly is preferred .

Rules

LISA Member organizations:

- may offer all or only some of the following:
 - U6-U7 (3 v 3):
 - designed to give every player a frequent opportunity to kick the ball;
 - provides a playing environment that is focused on having fun with the ball;
 - leads to a FUNdamental understanding of game;
 - time spent on “teaching” specific skills is kept to a minimum;
 - does not keep scores;
 - does not use a goalkeeper; and
 - usually has a parent or coach performing referee role;
 - U8-U9 (4 v 4 (no GK) or 5 v 5 (with GK):
 - the team may be expanded to include a goalkeeper;
 - provides an opportunity to develop team play in both the attacking and defensive modes; and
 - usually has a parent or coach performing referee role.
 - U10-U11 (7 v 7):
 - provides scoring opportunities and requires alert goal keeping and individual and collective defending;
 - introduces the “offside rule” (in the attacking third) and;
 - has a referee and referee assistants.
 - U12-U13 (9 v 9):
 - 9 vs. 9 is the final transition to full field soccer;
 - provides a very fast paced game;
 - provides opportunities for players to further understand their roles within the team when in various parts of the field of play;
 - introduces the “offside rule”; and
 - has a referee and referee assistants

**Rule 307: Offside rules**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	July 2026
Date Last Reviewed	July 2026

Rule Statement

The rule on off-sides is graduated by age.

The offside rules apply at U12 and above.

Rules

Game officials will use cones on the sideline to mark the $\frac{1}{3}$ field limits.

U11 and under:

- will not apply the offside rule but will follow the intent;
- the referee will take action to prevent teams from positioning a player in the opponent's end of the field in anticipation of a long ball when the ball and the other players are in or near the opposite end of the field ¹⁸;
- the referee may award an indirect kick to the offended team at a location to be determined by the referee; and
- the referee may issue instructional statements to the violating players and coach.

U12 – U13:

- the referee will apply the offside rule in the attacking $\frac{1}{2}$ of the field when a team is on the attack

¹⁸ Such positioning would not support the player's development.

RULE 308: THROW-INS

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	July 2026
Date Last Reviewed	July 2026

Rule Statement

A kick-in/ throw-in are methods of restarting play.

The rule on throw-ins is graduated by age U11 and older.

Rules

The Referee:

- awards a kick-in or throw-in when the whole of the ball has crossed the touch line either on the ground or in the air;
- gives it to the opponents of the team who last touched the ball before it went out of play; and
- awards a goal kick if the ball enters the goal directly from a kick-in or throw-in.

Teams:

- cannot score a goal directly from a kick-in or throw-in.

U11 and under:

- replaces the throw-in with a kick in;
- will kick the ball in from the point where it left the field of play;
- will have the player taking the kick:
 - face the field of play; and
 - kick the ball from on, or behind, the touch line
 - pass the ball below knee height;
- will have a free kick awarded to the opposing team if the player taking the kick-in touches the ball a second time before it has been played or touched by another player; or plays the ball above knee height at the discretion of the referee
- must have all opponents at least 2 metres from the ball; and
- will resume play after a kick-in immediately the ball enters the field of play.

U12 – U13:

- will follow the FIFA law on throw-ins¹⁹;
- will be awarded to the opposing team if the player fails to complete the throw-in correctly.

¹⁹ <https://www.thefa.com/football-rules-governance/lawsandrules/laws/football-11-11/law-15---the-throw-in>

**RULE 309: GOAL KICKS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	July 2026
Date Last Reviewed	July 2026

Rule Statement

Rules for goal kicks are graduated by age.

Rules**U7- U13:**

- will have the defending team kick the ball from any point within the goal area or penalty area;
- will resume play once the ball has been kicked and clearly moves;

The Referee will

- award an indirect free kick if the goalie directly kicks or throws the ball across the centre line following a goal kick, or a save from open play, in the air from the spot the ball crosses the centre line.

U6- U11

- players from the opposing team:
 - will retreat behind the retreat line; and
 - may not pass the retreat line until the ball has been touched by the player receiving the goal kick;
- will resume play as soon as the ball crosses the retreat line if the goal kick is kicked passed the retreat line; and
- will retake the goal kick if a player passes the retreat line before the ball is deemed in play.

**RULE 310: CORNER KICKS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	July 2026
Date Last Reviewed	July 2026

Rule Statement

Corner kicks are free kicks awarded to the attacking team when a defender last touched the ball that crossed entirely over the goals line.

Corner kicks are taken from the corner area on the side of the field where the ball went out of play.

Rules

The Referee:

- will award a corner kick when:
 - the whole of the ball has crossed the goal line, either on the ground or in the air;
 - the ball was last touched by a defending player; and
 - a goal has not been scored.

U7-U11:

- defenders must be at least 7 meters from the ball;
- the ball must be played below knee height; and
- a goal cannot be scored directly from the corner kick.

U12 – U13:

- defenders must move back 9 meters; and
- a goal can be scored directly from a corner kick.

**RULE 311: PENALTY KICKS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	July 2026
Date Last Reviewed	July 2026

Rule Statement

The rule on penalty kicks is graduated by age.

Rules

U11 and under:

- no penalty kicks are allowed.

U12- U13:

- penalty kicks will be awarded;
- the game official will place the ball on a penalty spot 9 yards out from the goal;
- players, other than the player taking the penalty shot, must remain centre field side of the 12- yard line; and
- goalkeeper must be standing on the end line until the ball is kicked.

**RULE 312: FREE KICKS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	July 2026
Date Last Reviewed	July 2026

Rule Statement

The rule on free kicks is graduated by age.

Rules

There are two types of free kicks:

- Direct: from which a goal can be scored against the offending side; and
- Indirect: from which a goal cannot be scored unless the ball has been played or touched a player other than the kicker before passing through the goal line.

U11 and under

- only indirect kicks are allowed, not direct kicks
- defending players must move back 7 metres from the ball until it has been kicked and clearly moves.

U12 -U13

- both kinds of free kicks are allowed; and
- defending players must move back 9 metres from the ball until it has been kicked and clearly moves.

**RULE 313: RETREAT LINES**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	July 2026
Date Last Reviewed	July 2026

Rule Statement

The Retreat Line is used to assist with the technical development of players.

It is applied in ages U6 and up and allows players the ability to play out of the back end of the field.

Rules

For divisions in which the retreat line is used, when a goalkeeper is awarded a goal kick or makes a save during open play, the defending team must retreat beyond the designated markings on the field. Players must remain behind the retreat line until the ball is touched by an attacking player.

U6-U9

- the field is demarcated into halves, using cones along the sideline; and
- the retreat line demarcates the attacking half of the field.

U10-U11

- the field is demarcated into thirds, using cones along the sideline; and
- the retreat line demarcates the attacking third part of the field.

**RULE 314: FOULS AND MISCONDUCT**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

Fouls and misconduct will be dealt with appropriate to the age and level of play.

Rules

Referees and parents performing as referees for U9 and under:

- will use the FIFA Rules of the Game and be guided by the LISA Code of Conduct in dealing with the conduct of players, coaches and spectators;
- will generally call the game in accordance the FIFA Rules²⁰; and
- should advise the offending player of the nature of the infraction.

Slide Tackling

U10 and below:

- not permitted.

Red and Yellow Cards

Referees:

- may send a player from the field of play without issuing a card;
- will seldom use cards in small-sided games;
- should stop the game when serious infractions occur;
- should speak to the offending player(s) and, if necessary, the players coach; and
- should advise that further similar conduct may lead to expulsion from the game.

When a Player is sent off the field of play:

U10 and below:

- a player sent from the field of play by a referee may be replaced by another player.

U11 –U13:

- a player sent from the field of play may not be replaced by another player (i.e., the team will play shorthanded).

Coaches on the field of play:

U8 and below:

- a member of the coaching staff may enter and remain upon the field of play to provide coaching instructions and a referee role to the players on the team.

U9 and above:

- are generally not allowed on the field of play during the course of the game; and
- may, after the referee approves, go onto the field to tend to an injured player.

²⁰ . Exceptions noted in this document will be outlined in various training and refresher courses



RULE 315: LEAGUE AND DIVISION STANDINGS

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

LISA discourages the recording of game scores and league standings in small sided games.

Rules

Game officials of small-sided games:

- will not keep scores or league or division standings.

Coaches, parents and players:

- are discouraged from tracking league win/loss/tie or goals/for against.

**RULE 316: RUNNING UP SCORES**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

Running up the score (when goal scoring is mostly in favour of one team) is not in the interest of player development for either team.

Rules

The coach of the winning team:

- should take steps to maintain a balance in the game.



RULE 317: HEADING RESTRICTION

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	July 2026
Date Last Reviewed	July 2026

Rule Statement

LISA does not permit heading the ball for players U11 and below to reduce head-related trauma.

Rules

U7-U11

Referees:

- will award an indirect free kick to the opposing team.

U12

Referees:

- will allow the ball to be headed following direct contact with the ground (ie. On the bounce)



RULE 318: FAILURE OF AN OFFICIAL TO SHOW FOR A GAME

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

If the referee does not show up, the officials who are there can appoint a substitute.

Rules

If the assigned referee does not show up:

- the officials who are there will agree on coach or parent to assume the role of referee.

**RULE 319: CANADA SOCCER GRASSROOTS STANDARDS – NON GAME DAY REQUIREMENTS**

VERSION HISTORY	
Date of Original Version	July 2026
Date of Revised Version	
Date Last Reviewed	

Rule Statement

All LISA member associations must abide by the Canada Soccer Grassroots standards as updated from time to time.

Rules

AGE	MINIMUM SEASON LENGTH	MAXIMUM SEASON LENGTH	MINIMUM REST BETWEEN SEASONS
U4-U7	6 Weeks	16 Weeks	2 Weeks
U8-U9	6 Weeks	22 Weeks	2 Weeks
U10-U13	10 Weeks	22 Weeks	2 Weeks

AGE	MINIMUM PRACTICE TO MATCH RATION	MAXIMUM PRACTICE TO MATCH RATION
U6-U7	1 Practice: 1 Game	2 Practices: 1 Game
U8-U13	2 Practices: 1 Game	3 Practices: 1 Game

AGE	MAXIMUM PLAYING TIME PER DAY	MINIMUM REST BETWEEN EACH GAME
U6-U7	60 Minutes	Length of one full match
U8-U9	80 Minutes	Length of one full match
U10-U11	100 Minutes	Length of one full match
U12-U13	120 Minutes	Length of one full match

Memorable Events (Tournaments)

U4-U7 – Not Any

U8-U11 – Should not exceed 2 events per season

U12-U13 – Should not exceed 3 events per season



PART 4. LISA DISTRICT LEAGUES

This Part has the rules and regulations for LISA soccer programs for players beginning at the U14 level.

The rules apply to District League play up to but not including cup play.

At this level, the games become more like the official FIFA game format and FIFA's official Rules of the Game apply. The rules in this Part note any differences from FIFA.

Games move to a full-sized soccer field and scores are kept in order to determine league standings, with the winning teams eligible for cup play.



RULE 400: DISTRICT LEAGUE COMPETITION

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

The LISA Board oversees all inter-organization league and cup play within the District.

Rules

LISA Board:

- carries out their oversight of inter-organization league and cup play within the LISA policies and regulations;
- may make decisions to handle situations not covered by the rules as long as these are not inconsistent with the intent of the existing rules, regulations and policies;
- may delegate the drafting of the decisions to the Executive Director, a board director, or a board committee member; and
- may develop a new rule or amend an existing rule with an ordinary vote.

**RULE 401: TEAM FORMATION AND SECTION ENTRY**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	August 2025
Date Last Reviewed	August 2025

Rule Statement

LISA supports developmentally appropriate recreational and competitive soccer opportunities from beginner players through the most-skilled level players.

LISA supports additional Full Member-and Provisional Full Member-based supplemental training and competitive regional opportunities.

Rules**Team Formation**

LISA

- is responsible for the formation of the Vancouver Island Wave (Tier 1)
- is responsible for teams entered in District League play; and
- may attach special terms and conditions where they permit Members managing a league.

Full Members and Provisional Members:

- are responsible for the formation of all teams except those formed by LISA; and
- must receive LISA permission to manage some District League competitions (e.g., tournaments).

Section Tiering

Full Members and Provisional Members:

- may divide an age class into different sections to separate teams of different skill/ability levels:
 - District League: Tier 3 and Tier 4, Blue and White, Super 8's and Mini; and
 - Inter-District League: BC Soccer Premier League, Tier 2.

Multiple Team Entries in a section

Full Members and Provisional Full Members:

- may enter more than one team within a single section of play (e.g., two Tier 4 teams).

LISA:

- will consult with Members that wish to enter more than one team in a single section; and
- may promote a strong Tier 4 team to a Tier 3 division.

Section Size

The size of a section depends on the number of teams entered in the entire division (age-class category) not just a particular section.

Sectional play may not be available at all levels depending on the number of teams entered in the entire division.

Sections:

- will have a minimum of four teams;



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- are not limited to a maximum number of teams;
- may be divided into sub-sections (also called 'pools'); and
- will have only one league winner for the full- or sub-sections.

LISA:

- will make the decision on combining and splitting the sections;
- may make some minor changes in schedules to avoid doubling up on home games of two organization teams in the same section; and
- will make the final decision on the number and composition of the sections.

Notification of Team Entries

Full Members and Provisional Full Members:

- must submit advance notice of their team entries to LISA by the deadlines.

Published Schedules

LISA:

- will make best efforts to distribute the completed schedules early in the week of the scheduled start date;
- will post the schedule on the website as early as possible; and
- will publish and circulate changes with the date and where possible, the reason for the change.

**RULE 402: PROMOTION AND RELEGATION**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	August 2025
Date Last Reviewed	August 2025

Rule Statement

Teams can be promoted (moved to a higher section) or relegated (moved to a lower section) during a season.

Rules**Just cause**

Teams:

- must have just cause for requesting promotion or relegation; and
- will request any changes for through the appropriate authorities in their organizations.

Member organizations:

- may ask LISA to reassign a team to another section.

LISA:

- may reassign a team to another division during the season;
- will not make the move without just cause;
- will consider both the division the team is leaving and entering;
- must receive the request far enough in advance of the one-round deadline;
- will consult with the Technical Directors, LISA Scheduling Committee, LISA head scheduler and division score recorders;
- will make and distribute the required scheduling changes; and
- will submit the change to the LISA Board for approval.
- may restrict the movement of teams following a set date determined and communicated by LISA

Points Earned

- remain in the original section; and
- cannot be moved from one section to another.

League Standing

- a team that has been promoted can finish first in the section from which it was moved; and
- the team will be recognized as the winner of that section.

Missed Games

- teams that are promoted or relegated during the season may be directed to make up any game(s) missed because of the move.

District Cup

- promoted or relegated teams must compete at their current level; and
- are not eligible for district cup play at its former section unless the LISA Board deems it appropriate.

Cup Play

- promotion or relegation may affect the team's Cup eligibility.

**RULE 403: DETERMINING LEAGUE WINNERS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	August 2025
Date Last Reviewed	August 2025

Rule Statement

LISA will determine and declare league and section winners.

Rules**League standings**

LISA Board is the sole authority for determining the games that will count towards the tallying of points to determine the final league standings.

Rounds

A 'round' is a full set of matches in which every team in a section is scheduled to play each other once.

There is no minimum or maximum number of rounds to determine the final section standings.

- Round 1 in interlocking play is the first time the teams play all other teams within their section (or pool);
- Round 2 in interlocking play is the second time the teams in a section play all other teams within their section in a reverse home and away fixture; and
- Additional rounds will be scheduled in alternating home and away fixtures sequence.

A round is considered complete if it meets at least one of the following conditions:

- all teams have played every game scheduled for that round;
- all teams with a mathematical chance of finishing atop the standings, have played all their games scheduled for that round;
- all teams with a mathematical chance of finishing atop the standings upon entering a round have played enough games in that round, that only one team has now clinched first place;
- a team that has a mathematical chance of finishing on top the standings but during the playing of that round drops out of mathematical contention, that team will no longer be considered to be in contention; and
- if a team is in first place at the end of an earlier completed round but drops out of mathematical contention in a subsequent round, that team cannot become the league winner.
- in the event one round is not completed, the LISA Board will be the sole authority to determine a league winner

Points earned

The winner will be the team with the most points earned from eligible league games played.

LISA:

- may alter a schedule in order to better accommodate matches that will complete rounds (weekly rescheduling);

- may increase the number of games to be counted in the final standings if only one round meets the definition of what is a 'completed' round; and
- could include counting games in the second round, or the results after full time of mid-season cup competitions (Tim Satterford Cup), involving common opponents of those teams that still had a mathematical chance of finishing in first place were the second round played to completion.

Number of winners

- there will be only one winner in each section of every division;
- the winning team will receive a perpetual trophy; and
- each player and team official on the winning teams will receive a keeper medallion.

Tier 3 League

- the winner in each division will represent LISA in the Vancouver Island Invitational Cup (Island Cup) unless:
 - the team does not meet the eligibility requirements, then the representative will be the next highest-finishing team in the section; and
 - if no team is eligible, LISA will use the same system to determine the representative from the Tier 4 section in that divisional age group; and
- LISA will, in most cases, use the same system to determine the ranking as they used to determine league winners.
- The winner in each division will represent LISA in the Vancouver Island Cup (Island Cup) unless the competition is not held

Tier 4 and below

- LISA will promote the league winners to the next higher section for play in the District Cup if they meet the eligibility requirements²¹.

Tie breaker matches

If two teams are tied at the top of the standings:

- they will play one extra game to determine the league winner;
- the home team is one that had the fewer "home games";
- if both had the same number of home games, they will select the "home team" by coin toss;
- if the game is tied at the end of regulation play, they will play two halves of extra time; and
- if they are still tied at the end of extra time, the winner will be decided by kicks from the penalty mark (sometimes referred to as a 'FIFA shootout').

If three or more teams are tied atop the standings:

- the league winner will be determined using a single-elimination cup format; and
- home fields and the bye(s) will be determined by a random draw.

Insufficient time to play

If there is not enough time to complete an extended series of playoff games:

- a single game, cup format, will be used to determine the winner;
- the home team will be determined by a coin toss; and
- the winner of the coin toss will choose to be home for either the first or second game.

²¹ <https://www.lowerislandsoccer.com/competitions/district-cup/>

**RULE 404: FAILURE OF AN OFFICIAL TO SHOW FOR A LEAGUE GAME**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

If the official referee does not show up, alternate arrangements can be made for the match.

Rules**If the assigned referee does not show up:**

- if there are two carded referee assistants, they will decide which one will take over as the referee;
- if only one carded referee assistant shows up at the match, that assistant will referee the match;
- If there are no referee assistants, the two teams:
 - will agree on a substitute to assume the role of referee;
 - will note this agreement on both team lists; and
 - will have the note signed by a team official from both teams.

If the match is cancelled because there is no referee:

- both teams:
 - are responsible for rescheduling the game;
 - must inform the score recorder and LISA Head Scheduler of the new playdate;
- the game is considered to be un-played until it has been rescheduled and played;
- the teams may instead play an exhibition game:
 - sign a note stating such on the team lists of both teams;
 - must be signed by team officials from both teams;
- must inform LISA; and
- LISA will deem this match to be un-played until it has been rescheduled and played.

**RULE 405: OUTSTANDING GAMES (GENERAL)**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

An “outstanding game” is any game that has not been played by the time the scheduled date for that game has passed.

The option of playing of any outstanding game expires at the end of the regular season.

Rules**Procedure for outstanding games**

If a game is rescheduled and the rescheduled date is missed, the game remains outstanding until otherwise declared by the LISA board.

LISA:

- will apply the points earned to the “outstanding” game round;
- may award points to the visiting team or the home team:
 - based on confirmation of forfeiture or default; and
 - no matter where the game was played or who ended up being the “home team”; and
- may cancel the game declaring that the option for playing the outstanding game “no longer exists”.

Reschedule the game

LISA:

- may allow the organizations to reschedule the game to a mutually acceptable date and time;
- will issue a deadline for playing the outstanding game; and
- may levy fines for:
 - ‘no-show’ teams;
 - fails to start a game; and
 - failure to continue a game after it has started.

The organizations involved:

- must set the date for any time before the League deadline;
- must get prior permission from LISA if they both agree to play the outstanding game outside the weekend (i.e., during the week);
- will ensure that the game is played on or before the deadline;
- may use the “visiting team” field if the “home team” field is not available;
- must finalize the arrangements by 8:00 p.m. on the Thursday preceding the game;
- may agree to move the time if the field is available outside the scheduled start time;
- must advise LISA if the game was not played and provide the reason (e.g., field closed);
- must let LISA and the score recorder know as soon as they are aware that a game will not be played; and



- if the game is not played by the deadline, the game remains outstanding until LISA declares otherwise.

Outstanding games on entering next round of play

The teams:

- will play the outstanding game when they are next scheduled to play if they have not played the outstanding game by that time; and
- will adjust the “home” team and the field location to be what was set for the outstanding game.

**RULE 406: SCORE REPORTING**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

Teams are required to report scores to LISA.

Rules

LISA member organizations:

- will name a volunteer score recorder for each division of play:
 - to be responsible for general management of the division; and
 - may discuss matters concerning the playing of games and standings with LISA.

Both teams:

- must email or phone in the score by 5:00 p.m. on the day of League and Cup games; and
- must give the name of the organization, division, section, team and game score (e.g., U16, Tier 4, Bays United Tigers, 3 versus Cowichan Rebels, 3).

LISA:

- may issue a fine for Failure to Report; and
- will award game points for league games:
 - Win: Three points for a win;
 - Tie: One point for a tie; and
 - Loss: Zero points for a loss.

**RULE 407: TEAM LISTS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

Teams participating in LISA league play must provide team lists to LISA before each match.

LISA may at any time request a LISA Member organization game or team official to supply a copy of a team list.

Rules**Team lists**

The team official:

- must submit two copies of the team list to the game official before the start of the game;
- must ensure that every player and team official is on the list and every player is eligible to play;
- must sign the team list when they are present at the time and place the game is played; and
- must provide the following information:
 - name: the first and last name of all eligible players available for use in the game for which the list is to be submitted;
 - jersey number: the unique jersey number noted beside the player's name;
 - organization, division and team name;
 - names of team officials;
 - location of the game; and
 - time and date of the game.
- must run a line through the name and initial the deletion if the list was prepared in advance and the status had changed.

Absent Players

Team officials:

- do not need to scratch absent or late players from the team list.

Requirement to Produce Team Lists

LISA:

- may forfeit the game for any team does not properly complete and submit a team list if a protest is upheld.

**RULE 408: GAME PROTESTS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	July 2024
Date Last Reviewed	

Rule Statement

LISA will be responsible for considering protests made for games in LISA league play; BCSA will handle appeals.

Rules**General**

LISA:

- will only consider a protest on the grounds that:
 - FIFA laws of the game were misinterpreted;
A Coach or Team Official may not protest any Match Officials decisions
 - players involved in the match were ineligible to play; and
 - there were breaches of LISA Competition Rules and Regulations;
- may take into consideration:
 - if the protesting team had any prior knowledge, which, if properly used, might have obviated the protest;
 - Video tape evidence is acceptable provided it substantiates verbal evidence given by any party. Video tape evidence that simply seeks to show errors made by a match official will be ruled out of order and not considered;
- will not hear from:
 - any barrister or solicitor at the hearing of an appeal;
 - will hear from legal representatives at the hearing if:
 - the person is an executive officer for the association, league, team concerned; and
 - has been in that capacity for at least the three months immediately before the appeal was lodged.

Protest Procedure

The LISA Member protesting the outcome of a game:

- must submit the protest in writing²² in the approved format;
- must send in the fee as set by LISA for the season with the protest;
- must submit the documentation within 48 hours of the match being completed; and
- may request a notice confirming receipt.

Required Documents and Fees

The organization must include in the protest:

- a copy of the team list if the protest involves a subject related to the team list;
- a summary of the reasons for the protest;
- other information they consider supports the protest; and

²² This includes in hard copy or electronic format.



- payment of the protest fee of \$250.00 electronically, by mail, by hand, or courier.

Fee Disposition

LISA:

- will return the fee if the protest is upheld; and
- will retain the fee if the protest is not upheld.

Appeal Procedure²³

The organization lodging the protest:

- may appeal the outcome to BCSCA²⁴;
- must submit a written request for review within 10 working days after LISA has issued the results of the Protest hearing;
- must set out:
 - the decision they are appealing;
 - a concise statement of the facts;
 - a concise submission stating the bylaw, rule or regulation they consider has been contravened; and
 - in what respect the decision is alleged to be wrong²⁵; and
- will be required to pay a fee of \$525.

²³ https://www.bcsoccer.net/media/5p2isq3z/discipline-complaints-and-appeals-policy_november-2022.pdf

²⁴ <https://app.integritycounts.ca/org/itpsport>

²⁵ The BCSCA Judicial Code & Policies, Rule 5.0 "Appeals Policy" has complete details:
https://icsf.ca/documents/judicial_code_and_policies_of_bc_soccer_20200202.pdf

**RULE 409: FIELD STANDARDS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

The Game Official will determine if the field meets safety and technical standards.

Rules**Field Standards**

Games can be played if field conditions meet basic safety and technical standards.

Protests will not be accepted if the game official decided to go ahead with the game.

Game Conditions

The game official:

- is the final authority to determine if conditions at the time and place of the game are adequate for the game:
 - to be played; or
 - to continue to be played.

Game actions

Home Organization / Team:

- will set up and mark the field in accordance with Rule 303 Field and goal properties;
- will ensure that the field meets basic Rules:
 - size in accordance with IFAB requirements²⁶;
 - adequately lined;
 - corner flags²⁷ in place for league and cup games;
 - retreat line marked in accordance with Rule 312;
 - goal nets as recommended but not mandatory for league and district cup matches;
 - goal nets set up for provincial cup matches; and
- will arrange for a game official.

²⁶ <https://www.theifab.com/laws/latest/the-field-of-play/#field-markings>

²⁷ minimum 5 feet or 1.5 meters high

**RULE 410: COLOURS AND JERSEY NUMBERS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

Member Organizations must adhere to LISA-approved jersey colours and player numbering.

Rules**Team Colours**

Each organization:

- has an approved colour scheme for their uniform equipment;
- must wear these colours at league and cup matches; and
- must receive LISA's prior written approval for any changes.

Approved colours²⁸ are:

LISA MEMBER	JERSEY COLOURS
Bays United	Emerald Green, White Accent
Cowichan Valley	Yellow and Black
Gorge FC	Vertical Black and White Stripes
Juan de Fuca	Royal Blue and Black
Lakehill Soccer	Red, White and Black
Peninsula Soccer	Red top with Blue sleeves
Prospect Lake	Orange and Black trim
Salt Spring Island	Silver and Black
Saanich Fusion*	White
Sooke Soccer	Royal Blue and White
Westcastle	Red and Blue
BCSPL	Blue (home), White and Black (away)

Changing colours

Teams:

- the "home team" must change to colours distinct from the visiting opponent if both teams have the same or similar colours; and
- Saanich Fusion, when playing Salt Spring away or at home, will wear alternate jerseys if there is a colour conflict.

The game official:

- will determine if the team colours are too similar.

Player jersey numbers

Each player:

- must wear a jersey with a unique (non-duplicating) number.

²⁸ As of 2016



The numbers:

- must be a minimum 15 cm high;
- must be readily discernible to the officiating crew; and
- must be securely attached so as not to create a playing hazard.

Keepers' and Game Officials' colours

Keepers and Game Officials:

- must wear colours that are distinctive from the team colours and opposing keeper / game officials.

**RULE 411: SCHEDULED GAME TIMES AND GAME DURATION**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	August 2026
Date Last Reviewed	August 2026

Rule Statement

There are standard times and days for games at all levels.

These can be changed if necessary.

Rules**Standardized Times**

Every age-class division will have a standardized game day and start time.

The Division 2 and 3 game start time will be between the times listed in the table below.

DIVISION	DAY	TIME	GAME LENGTH	BALL SIZE
U14	Saturday	11:00am -12:15pm	2 X 40 min.	#5
U15	Saturday	12:00pm - 5:00pm	2 X 40 min.	#5
U16	Saturday	12:00pm - 5:00pm	2 X 40 min.	#5
U17	Sunday	10:00am -12:00pm	2 X 45 min.	#5
U18	Sunday	10:00am -12:00pm	2 X 45 min.	#5

Division 1 and West Coast League

Boy's games will be scheduled on Sundays. Girl's U14, U15, and U16 games will be scheduled on Saturdays. Girl's U17 and U18 will be played on Sundays.

Game start times are dictated by West Coast League Rules and Regulations.

Extra Time

There is no overtime in regular league play.

Special Requests

LISA Members:

- may request an interim or partial change to standardized start time or game day;
- may make the request for all or part of the season;
- must process their request through their own organization executive;
- must send the request to LISA in writing;
- must make every effort to accommodate time request including those from Salt Spring Island and the Southern Gulf Islands to accommodate ferry schedules; and
- must notify LISA of their opposition of such requests as early as possible.

LISA:

- will circulate the request to all organizations for comment.



Emergency situations

An emergency is any situation where there is an immediate threat to a player's or team's physical, emotional, or mental wellness.

LISA:

- may change a game start time and/or game day without prior consultation with the organizations.

Cup and league matches

LISA:

- can schedule district cup, provincial cup and Island cup matches for any day of the week and at any start time; and
- may interrupt the regular season league schedule for the purposes of facilitating these games.

League Matches

LISA:

- may reschedule any outstanding game for any day of the week or for any start time

Changes in game times

Team officials:

- cannot postpone, cancel or reschedule games for any reason unless approved in advance by LISA.

A team official from either team:

- must contact the opposition as far in advance as possible;
- must provide the reason for the change; and
- must try to reach an agreement on an alternate day and / or time.

Exceptions for league games

If the home organization can not supply a field for the scheduled day and time:

- the game must be played at the visiting organization's field if they can provide the field; and
- the teams must make the arrangement by 8 p.m. on the Thursday preceding any game scheduled for the weekend.

If a field is available to play a game outside of its scheduled start time:

- both teams must be in agreement to the change in start time; and
- both will try and show some flexibility.

Failure to show up for a scheduled game

LISA:

- may fine a Member organization each time one of its teams fails to show for a scheduled league, district cup, island cup or provincial cup game.

**RULE 412: AFFILIATE MEMBER TEAM FORMATION**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

LISA Affiliate Members²⁹ may provide additional competitive and supplemental training opportunities for players from LISA Full Members and Provisional Full Members.

Rules

LISA Affiliate Members:

- may form competitive teams and development teams composed of players from their own organizations and players from LISA Full Member and Provisional Full Members;
- must get approval from BCSA or the LISA Registrar (as appropriate) in order to enter such teams:
 - in regional and District competitions and tournaments; and
 - to play exhibition matches against teams from LISA Full Members and Provisional Full Members; and
- must register all participants with the LISA Registrar or BCSA as appropriate.

LISA teams:

- will not compete against a team from any organization that is not a LISA Full Member, Provisional Full Member or Affiliate Member; and
- will not participate in events involving non-LISA teams.

Players:

- may register with an Affiliate Member in addition to a Full Member or Provisional Full member organization; and
- must meet all regular league and cup commitments.

LISA Registrar:

- may refuse permission if it will interfere with league or cup commitments;
- will not permit teams from non-LISA organizations to enter in any LISA league or cup competition; and
- must give prior permission for any Affiliate Member teams that want to play exhibition matches against any LISA registered team.

²⁹ <https://www.lowerislandsoccer.com/lisa-affiliate-member-application/>



PART 5. TIM SATTERFORD CUP AND DISTRICT CUP

There are two competitions that involve players within the District: The Tim Satterford Cup and the District Cup.

There are also other out of district cup competitions as well.

The Tim Satterford Cup competition is for all U14 to U18 Tier 4 teams and it is not open to Tier 3 teams. The Tim Satterford Cup competition games are held during the regular season.

The District Cup is the final competitive program for the season. It is for all teams U14 to U18 who are not advancing to out of District competition. The competition is held at the end of the regular season.

Both the Tim Satterford and District Cup competitions are single round elimination playdown where the winners advance and the losers are eliminated.

This Part has the rules and regulations that apply to the Tim Satterford Cup (formerly called the LISA Cup) and the District Cup.

**RULE 501: DESCRIPTION AND EXCLUSIONS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

The LISA District Cup is an intra-district competition governed by the LISA .

With some exceptions, the competition is open to all 11-a-side organization teams who competed in Lower Island regular league play.

Rules**Included Teams**

All 11-a-side organization teams in all divisions from U14 to U18 (inclusive) except those listed below.

Excluded Teams

- all Tier 1 (BCSPL) teams and any team that enters the Provincial Premier Cup competition;
- all Tier 2 teams;
- any Tier 3 or Tier 4 team that declares for the Provincial A Cup competition;
- any team deemed to be “not in good standing”; and
- all participants in the Vancouver Island “Invitational” or “Island Cup Play”.

Exception

- LISA organizations that have only one team playing in an age division for that gender³⁰
 - can enter the Provincial B Cup ;and
 - can still compete in the District Cup at the level of its league play, if it meets all other requirements as listed in these rules.

Rule changes

The LISA board:

- may make temporary rulings to govern specific cases not provided for in the rules and regulations for the Tim Satterford Cup and District Cup.

³⁰ e.g., only one team in total counting all sections of Under-15 Girls.

**RULE 502: PROMOTIONS AND RELEGATIONS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

Teams that are promoted or relegated during the season participate in the District Cup play at their new level.

Rules**Promotions**

Teams that have been promoted or moved to a higher section during the course of the season will compete in the District Cup of their new section of play.

Relegations

Teams that have been relegated during the course of the season will compete in the District Cup of their new section of play.

Exceptions

LISA may allow or prevent a team from promotion or relegation in District Cup play, but only in exceptional circumstances.

**RULE 503: DISTRICT CUP GENERAL**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

LISA holds two District Cup competitions for LISA Full Member and Provisional Full Member organizations' Tier 2 players; one for boys' teams and one for girls' teams.

Rules**Administering the Cup competition****LISA**

- conducts the District Cup competition using a single knockout draw;
- will combine all of the teams in all of the pools into one combined District Cup competition if a section has been split into two or more pools during league play;
- will award the game to the opposing team of any team that is unable to fulfill a scheduled District Cup match without just cause;
- may assess a penalty against the LISA Member organization if they are unable to fulfill a scheduled District Cup match without just cause; and
- will give a bye to the final:
 - to both teams if there are only two team entries; and
 - to the highest ranking team³¹ if only three teams are entered in a division.

LISA Full Members and LISA Provisional Members:

- must ensure that all players from eligible teams:
 - are registered at least seven days before participating in a District Cup game;
 - have played in at least one league game during the regular season;
- will attempt to supply a field if neither the home team organization nor the visiting team organization is able to provide a field; and
- may direct the teams to play at another location if a field is closed.;

Any team seeking a postponement:

- must make an application to their organization;
- cannot postpone or cancel District Cup matches even if fields are closed;
- will make every effort to use the best fields available for District Cup games; and
- must give District Cup matches precedence over all other games except for out of District Cup Competitions (provincial A, B, Premier, and Coastal Cup matches).

The home team's organization:

- will supply the field;
- will use the "visiting team" field, if available, if the "home team" field is not available; and
- will promptly notify LISA if neither field is available.

³¹ Based on the league's final official standings as determined by the rules for determining the league winner.



Game Postponements

The home team's organization:

- will consider their team's request for a postponement; and
- will request that postponement from LISA.

LISA:

- will not approve the postponement, except in extraordinary circumstances; and
- will not approve the postponement if the reason is a shortage of players due to a conflicting event.

Reschedule Games

LISA:

- may reschedule District Cup matches if field closures prevent District Cup matches from being played as scheduled; and
- will reschedule them for any time leading up to the District Cup final.

Protests

Those lodging the protest:

- will follow the same rules as outlined for league games.

LISA:

- may reschedule games to be played at any time leading up to the District Cup final if the protest is successful and a replay is ordered.

Duration of Games

DIVISION	REGULATION TIME	EXTRA TIME
U18	45 minutes/half	No Extra Time will be Played
U17	45 minutes/half	No Extra Time will be Played
U16	40 minutes/half	No Extra Time will be Played
U15	40 minutes/half	No Extra Time will be Played
U14	40 minutes/half	No Extra Time will be Played

Games Ending in a Tie

If the two teams are tied on goals at the end of regulation time, the match will be decided by kicks from the penalty spot according to FIFA rules.

Reporting Scores

Both teams must report the result of the match to the LISA division score recorder (listed on the league schedule) before 5 p.m. the day of the match.

Youth-to-Youth Permits

Youth-to-youth permits are not valid for any District Cup match, including playdown and final games.

**RULE 504: GAME OFFICIALS AND ASSISTANTS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

LISA recommends that District Cup matches be officiated by three game officials provided by the home team.

The referee has the final decision.³²

Rules**Game officials**

The home organization:

- is responsible for supplying and paying the referee, including when the match is switched to a field supplied by the “visiting” organization; and
- must reimburse the “visiting” organization for the costs they incur if they supply the referee.

Assistant Officials

LISA:

- strongly recommends that all District Cup matches have three officials, one referee and two uniformed assistant referees.

The home organization:

- is responsible for supplying the match officials; and
- may seek assistance from other associations, if unable to supply match officials.

Both teams:

- will supply volunteers if certified assistant referees are not available.

Volunteer Assistant Referees:

- must follow the referee’s instructions when performing their role.

Fourth Official

The home organization:

- may provide a fourth official to support and follow instructions given by the referee.

Qualifications of Officials

All referees and assistant referees:

- must be BCSA registered officials (at the level required).

Note: this does not apply to those who volunteer as officials when the assigned officials do not show up or if the home organization has not assigned assistants.

³² <https://www.theifab.com/laws/latest/the-other-match-officials/#introduction>



Conflict of Interest

The home organization:

- must not assign a referee or assistant referee to a District Cup match who may be perceived to be in a position of a conflict of interest, including but not limited to those who:
 - have family members or close relatives on either team (the “team” includes players and all team officials); and
 - were team officials for either of the teams³³.

Referee fails to show for game

If the assigned referee does not show up but:

- two BCSA registered referee assistants have been assigned to the match and show up:
 - they will decide who will take over as the referee;
- only one BCSA registered referee assistant has been assigned or shows up at the match:
 - that assistant will referee the match; or
- no BCSA registered referee assistants have been assigned to the match or do not show up:
 - the two teams are encouraged to agree on a volunteer to assume the role of referee.

A team official from both teams must provide LISA with a signed, written agreement of:

- the volunteer referee decision on their team lists; or
- their failure to decide on a volunteer referee.

If there is no assigned referee and the teams could not agree upon a substitute referee:

- LISA:
 - may reschedule the match for any time leading up to the District Cup final; or
 - may deem that the match should be won via forfeiture.

³³ Note: If in doubt, assign a different game official; do not take the chance.



PART 6. PROVINCIAL A AND B CUP

BCSA offers three levels of cup play for top seeded U14 to U18 teams: Premier Cup, Provincial A Cup and Provincial B Cup.

Premier Cup is mostly for Tier 1 level play and is hosted at a location within the province selected via an application process.

Provincial A Cup is generally for Tier 2 level play and is hosted at a location within the province selected via an application process.

Provincial B Cup is for top seeded Tier 3 teams. There are two cups: the Boys Les Sinnott Boys Memorial Cup and the girls' Provincial cup.

Provincial Cup games are held during the months of June and July

BCSA only permits one team per age and gender for Vancouver Island. Top seeded LISA teams must play top seeded Upper Island teams in the Island Invitational in order to advance to the Provincial B Cup.

The rules for these competitions are governed by BCSA. While we outline them here for convenience, we recommend that eligible teams review the rules on BCSA's website:

<https://www.bcsoccer.net/competitions/provincial-championships/> .

**RULE 601: OVERVIEW**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

The Provincial Premier, A, and B Cups are province-wide championship competitions governed by BCSA.

Rules**General information**

BC Soccer operates three province-wide cup competitions for boys' teams and three province-wide cup competitions for girls' teams.

These competitions are commonly referred to as the "Provincial Premier Cup, Provincial A Cup, and Provincial B Cup".

Caution about this document

LISA has prepared this document with the latest known information.

If there is a conflict between this document and the BC Soccer rules and regulations, the BC Soccer rules and regulations will prevail.

For the latest information, see: <https://www.bcsoccer.net/media/koidhsIs/2023-youth-provincial-championships-rules-regulations.pdf>

Roles of BCSA and LISA

BCSA:

- has the final say on all rules and regulations; and
- distributes the related rules, regulations and policies in various documents and memos from the BCSA Competitions Committee.

Team officials:

- should contact LISA with questions regarding these rules; and
- should not make assumptions that might have an adverse affect on the team.

LISA:

- will make all decisions respecting the playing or postponement of Provincial Premier, A or B Cup games between "in-district" teams; and
- will consult with the BCSA Competitions Committee.

**RULE 602: TEAM AND PLAYER ELIGIBILITY**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	November 2025
Date Last Reviewed	November 2025

Rule Statement

A team can only enter one province-wide cup competition.

Teams that enter a province-wide cup competition are usually ineligible for the LISA District Cup³⁴.

Rules**Competition eligibility**

The Provincial A Cup:

- is open to any youth team, except those playing Tier 1(BCSPL) under the jurisdiction of BCSA.

Team eligibility

The team:

- must declare to LISA before December 15th on their entry forms which cup competition it wishes to enter; and
- must enter the provincial cup competition at the age group/level of play in which they participate; and
- must be participating in properly constituted LISA league matches at the time of the declaration; and
- cannot be under suspension from district or authorized leagues; and

LISA Tier 2 teams:

- are only eligible for the Provincial A Cup competition.

Any youth team playing at Tier 3 or Tier 4:

- is eligible for either the Provincial A Cup or the Provincial B Cup.

Club teams that finish first in the Provincial B Cup finals in two consecutive years:

- will be promoted to the Provincial A Cup level in the third year.

Player eligibility for the Provincial Premier Cup

A player:

- must have their registration validated by the league; and
- must be:
 - registered or reinstated as a youth from senior player; or
 - transferred to a team at least 7 days before taking part in the Provincial Premier Cup.

Player eligibility for the Provincial A Cup or the B Cup

Players:

³⁴ See Part 5 District Cup and LISA Cup



- must have their registration validated by the LISA and received by BC Soccer, and
- must be registered or reinstated as a youth from senior player; or
- transferred to a team at least 7 days before taking part in that team's Regional or Championship game; and
- must have played in at least one regular-scheduled league game before playing in a Provincial or Regional Championship game.

Transfers

Players:

- cannot transfer to a new team if they have already competed in Provincial competition during the current playing season; and
- cannot transfer to another team after January 15th of the playing season.

Appeals of promotions

Teams that wish to appeal a promotion to the Provincial A Cup:

- must make its appeal in writing to the LISA Registrar; and
- must do so by the first weekend of league play for that season.

LISA:

- will forward the appeal to the BCSA Competitions Committee.

A team that has been promoted to Provincial A Cup:

- may ask LISA to be relegated to the Provincial B Championship;
- must:
 - be limited by geography; or
 - have 60% or fewer of their players who are returning; and
- must send LISA a copy of their team roster showing the players who have left and the current team roster.

**RULE 603: PICK-UPS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

Teams may request player pick ups replace players who are unable to attend BCSA Provincial A Cup and B Cup competitions.

Teams can pick up to three players in order to have enough players to compete³⁵.

Rules

Teams:

- must submit pick-up requests to LISA in time for LISA to meet the BCSA deadline;
- cannot apply for pick-ups once the competition has started unless they have lost a goalkeeper;
- can pick up no more than three players to bring their roster up to the number of players on the team's affiliation form for the current season;
- can only pick up enough players to enable the team to compete;
- may not drop players in order to pick up stronger players;
- can only pick up players from their organization's teams playing at a lower calibre of play at the same or lower age, OR the same or lower calibre of play at a lower age level at the same age / level of play; and
- can ask LISA for permission to pick up players from another LISA Member organization if their organization does not have teams in a lower calibre at the age/gender.

Players:

- can only play for one team in the same Provincial Cup Competition in the same season;
- can only be released through:
 - a medical certificate stating the reason,
 - a letter and supporting documentation from the parent/guardian and player indicating reason for being unavailable; and
- must submit a completed Provincial Championship Player Pick-Up request form³⁶ to LISA for approval.

LISA:

- must review the completed Provincial Championship Player Pick-Up request; and
- must submit the approved forms to BCSA by no later than seven days before the start of the competition.

BCSA:

- approves pick ups after January 15.

³⁵ <https://www.bcsoccer.net/media/koidhsIs/2023-youth-provincial-championships-rules-regulations.pdf> See rue 4d. Player Pick Ups

³⁶ <https://www.bcsoccer.net/media/3kup5sxo/bcsoccerplayerpickuprequestform2019.pdf>

**RULE 604: DISPENSATED TEAMS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

Dispensated teams are District Teams formed subject to BCSA approval in order to enter Tier 1 and Tier 2 players into BCSA competitions.

Rules**Application**

LISA:

- may form dispensated teams during the course of the regular season; and
- can only include players actively participating on organization teams.

Players:

- are not eligible to join a dispensated team if their organization teams become “cup tied” for either “A” or “B” cup; and
- must give their first commitment to their regular season team in games, practices or other events.

**RULE 605: TEAM ROSTERS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

Teams cannot register more than the maximum allowed players for their age division at any given time.

Rules**Provincial Premier Cup**

Teams:

- must have a minimum of 16 registered players, including permit players;
- must send their team rosters to BCSA before the BCSA deadline;
- cannot register more than the maximum number of allowed players for their age division at any given time:

Provincial A Cup and B Cup

Teams:

- must have a minimum of 14 registered players;
- must send their team rosters to BCSA before the BCSA deadline; and
- cannot register more than 20 players for their age division at any given time:

**RULE 606: REGULATION AND EXTRA TIME, BALL SIZE**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

The amount of regulation and extra time, and the ball size depend on the division.

Rules

DIVISION	REGULATION TIME	EXTRA TIME	BALL SIZE
U14, U15, and U16	40 minutes/half	No Extra Time will be Played	#5
U18 and U17	45 minutes/half	No Extra Time will be Played	#5

**RULE 607: REGISTRATION, TEAM LISTS, AND PHOTO ID**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement**Rules****Provincial A and B Cups**

BCSA:

- will provide the necessary documents for teams that will compete in a Provincial A Cup or Provincial B Cup games on their website.

All qualified LISA teams:

- must complete an official “team list” on the BCSA game report form;
- must submit the documents to LISA for forwarding to BCSA by the date specified; and
- must have BCSA photo ID cards for all players and team officials.

Coaching Qualifications

Coaches:

- must be in compliance with the BCSA Rules and Regulations on coaching certification³⁷.

³⁷ <https://www.bcsoccer.net/media/azmp10bn/coach-requirement-policy-june-2023.pdf>

**RULE 608: LOWER ISLAND COMPETITION DRAWS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

LISA is responsible for conducting the playdown games for teams entering B Cup.

Rules

LISA:

- will conduct random drawings; and
- will then schedule B Cup playdowns in a single-game knockout format;
- will partially seed the play down by scheduling the league winner and league runner up³⁸, on opposite sides of the District Cup playdown draw;
- will randomly assign the teams in the draw;
- does not guarantee that teams will have a home game;
- will normally be scheduled to start in late-January or early-February;
- will schedule a preliminary round (or rounds) before the December – January breaks if more than eight teams are entered in any specific division;
- will attempt to avoid disrupting regular-scheduled league games;
- will not give a bye to a Tier 4 team if that would require a Tier 3 team to play in the preliminary round; and
- will not schedule Tier 4 teams to play each other in the preliminary round if that would require two Tier 3 teams to play each other.

³⁸ Based on the league's final official standings as determined by the rules for determining the league winners

**RULE 609: GENERAL POSTPONEMENTS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

LISA will only approve a request to postpone playdown matches if there are extraordinary circumstances.

Rules

Team official or Member organizations:

- must get prior approval from LISA to postpone, cancel or reschedule a Provincial A Cup or Provincial B Cup game.

Postponing a match scheduled for before the December – January break

Both Member organizations:

- must be in agreement to postpone the match;
- may make a written application to LISA to have the match postponed;
- must ensure that the match is played before the start of the quarter-finals (“round of eight”); and
- must submit the application to LISA at least one week before that match is scheduled to be played or later if LISA approves a later deadline³⁹.

Postponing a match during the Lower Island quarter-finals, semi-finals or finals

The Member organization:

- must submit the request in writing to LISA.

³⁹ This option only applies to preliminary-round matches scheduled to take place before the December – January break.

**RULE 610: HOME FIELD RESPONSIBILITY**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

The home team's organization is responsible for supplying the field for Provincial Cup playdown matches.

Rules

The home team's organization:

- will supply the field;
- will make every effort to assign the best playing fields available;
- will use the "visiting team" field if the "home team" field is not available and the "visiting team" field is; and
- if neither field is available, the home team will notify LISA as quickly as possible.

LISA:

- will try to supply a field; and
- if no field is available, may re-schedule the match for any time before the Provincial Cup qualification final.

**RULE 611: GAME OFFICIALS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

The home organization is responsible for supplying and paying the game officials for Provincial Cup playdown matches.

Rules**Paying the officials**

The “home team”:

- must either supply the referee or reimburse the “visiting” organization for supplying the referee when the site of the match is switched to a field being supplied by the “visiting team”;
- will ensure that all game officials (referees and assistants) assigned to Provincial B Cup matches are BCSA registered at the required level;
- must not assign a game official who may be perceived to be in a position of a conflict of interest⁴⁰;
- must ensure that referees assigned to Provincial B Cup playdown matches are at least two years older than the players and hold a BCSA or higher certification;
- must ensure that referee assistants assigned to Provincial B Cup matches are at least the same age or older than the players and hold a BCSA or higher certification; and
- must have their organization approve the game official reports, naming the assistant referees.

The “home organization”:

- must submit the approved documents to LISA within 48 hours of the game in order to claim for reimbursement of fees; and
- will only be considered for reimbursement under exceptional circumstances if submissions are after the 48-hour deadline.

LISA:

- strongly recommends that all Provincial Cup playdown matches have three match officials;
 - one head referee and two uniformed assistant referees;
- will reimburse the teams for the cost of BCSA registered game officials for Provincial Cup finals⁴¹; and
- will not pay for volunteers who perform a referee role.

The home organization:

- is responsible for scheduling game officials; and
- may seek assistance from other Member organizations in scheduling game officials.

⁴⁰ This includes, but is not limited to, game officials who have family members or close relatives on either team (the “team” includes players and all team officials), or game officials who used to coach or manage either of the teams.

⁴¹ • This does not apply to Lower Island playdowns.



Both teams:

- will supply volunteers if BCSA-registered assistant referees are available.

Non-uniformed volunteers:

- must follow the referee's instructions when they run the lines ;
- are to be respectfully treated as game officials; and
- are expected to act as neutral officials the entire game.

Referee fails to show for game

If the assigned referee does not show up but:

- two BCSA registered referee assistants have been assigned to the match and show up:
 - they will decide who will take over as the referee;
- only one BCSA registered referee assistant has been assigned or shows up at the match:
 - that assistant will referee the match; or
- no BCSA registered referee assistants have been assigned to the match or do not show up:
 - the two teams are encouraged to agree on a volunteer to assume the role of referee.

A team official from both teams must provide LISA with a signed, written agreement of:

- the volunteer referee decision on their team lists; or
- their failure to decide on a volunteer referee.

If there is no assigned referee and the teams could not agree upon a substitute referee:

- LISA:
 - may reschedule the match for any time leading up to the Provincial Cup final; or
 - may deem that the match should be won via forfeiture.

If the referee is not able to finish officiating a Provincial B Cup match:

- the first assistant referee, who must be the same age or older than the players, will take over.
- LISA will reschedule the match for any time before the Region 1 final; unless
- LISA deemed the match should be won via forfeiture.

If the two teams do not play the Provincial Cup match because there was no one to referee, and instead play an exhibition game:

- team officials from both teams will:
 - write a note on the team lists of both teams; and
 - must both sign the notes.

**RULE 612: PROTESTS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	July 2024
Date Last Reviewed	

Rule Statement

Either team may lodge a protest, following the same procedures as outlined in Rule 408.

Rules

The party submitting a game protest:

- must submit the protest in writing to LISA within 48 hours of completion of the match;
- must use the approved format; and
- must include the protest fee as set by LISA for that season.

Fee Disposition

LISA:

- will return the fee if the protest is upheld; and
- will retain the fee if the protest is not upheld.

Appeal Procedure

The organization lodging the protest:

- may appeal the outcome to BC Soccer;
- must submit a written request for review within 10 working days after LISA has issued the results of the hearing; and
- must set out:
 - the decision they are appealing;
 - a concise statement of the facts;
 - a concise submission stating the bylaw, rule or regulation they consider has been contravened; and
 - in what respect the decision is alleged to be wrong⁴².

Rescheduling

If the protest is successful requiring a re-play, LISA:

- may re-schedule that match for any time prior to the Region 1 finals.

⁴² The BCSCA Judicial Code & Policies, Rule 5.0 "Appeals Policy" has complete details:
https://icsf.ca/documents/judicial_code_and_policies_of_bc_soccer_20200202.pdf

**RULE 613 SCORING AND SCORE REPORTING**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

Both teams are required to report the scores by deadlines.

Rules**Games ending in a tie**

If the teams are tied on goals at the end of regulation time, the match will be decided by kicks from the penalty spot according to FIFA rules.

Score recording and reporting

LISA member organizations:

- will name a volunteer score recorder for each division of play:
 - to be responsible for general management of the division; and
 - may discuss matters concerning the playing of games and standings with LISA.

Both teams:

- must report the score to:
 - their league score reporter (listed on the league schedule); and / or
 - cup score recorder (listed on the cup draw grids); and / or
 - LISA scheduler;
- must email or phone in the score by 5:00 p.m. on the day of the match;
 - late-finishing afternoon games, should still be reported by 5 p.m.,
 - travelling teams should report by 5:00 p.m. or as soon as possible thereafter; and
 - matches played in the evening should report the score by phoned in immediately after the match is over.

LISA and BCSA:

- may issue a fine for failure to report or for late reporting.



RULE 614 VANCOUVER ISLAND AND POWELL RIVER PROVINCIAL B CUP QUALIFIERS

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

The Vancouver Island and Powell River region will have only one representative team permitted in the Provincial B Cup tournament.

Rules

The representative teams from the Lower Island and Upper Island will play one game to determine who will represent Vancouver Island and Powell River in the Provincial B Cup championship tournament.

The hosts for the Region 1 Provincial B Cup qualifying finals will be determined by the Districts. Any disputes will be escalated to BCSA's Competitions Committee.

**RULE 615 GAME ABANDONMENT**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

LISA will consider the circumstances and determine whether a Provincial Cup playdown game will be replayed or how the points may be awarded

Rules

The referee:

- will determine if a game is abandoned by the actions of the coach, players, spectators or any combination thereof of either one or both teams.

LISA:

- will not grant a replay unless it determines that there were special circumstances.

Scores

Scores are subject to final consideration by LISA.

At the time of abandonment:

- If one team caused the abandonment and the opposing team is ahead:
 - the score will be the final score;
- If the team causing the abandonment is ahead;
 - the game will be considered forfeited; and
 - the opposing team will score 1:0;
- If one team caused the abandonment and the score is tied:
 - the game will be considered forfeited; and
 - the opposing team will score 1-0;
- If both teams caused the abandonment:
 - both teams will be given a loss (zero points to both teams).



PART 7. CONDUCT AND DISCIPLINE

LISA is committed to promoting fairness and a supportive, inclusive game environment.

To achieve these ends, all LISA participants – players, coaches, referees, and spectators – are expected to comply with the rules and regulations in this Part. These provide very clear guidelines of the expected conduct.

LISA has set the rules in this Part in order to promote a healthy, supportive game environment and provide a fair process for efficiently handling compliance incidents.

The rules follow BCSA guidelines for reporting incidents and for the adjudication of compliance issues.

**RULE 700: CONDUCT AND ETHICS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

Every organization and individual participating in LISA-sanctioned activities is expected to behave at all times consistent with CSA, BCSA and LISA core values: equal opportunity, no discrimination, and treating everyone with respect.

All participants must comply with the standards set by the BC provincial government⁴³, CSA⁴⁴, BCSA⁴⁵ and LISA⁴⁶.

Anyone who does not behave accordingly will be subject to sanctions.

Rules

These rules of behaviour apply to:

- LISA and Member organization boards, directors, staff and volunteers;
- coaches, assistant coaches and other team officials;
- match officials;
- players; and
- spectators

LISA:

- will publish the LISA Codes of Conduct and ensure these are communicated to LISA members and all participants of youth soccer in the district;
- will not tolerate inappropriate behaviour;
- will investigate all reports of misconduct by LISA Member organizations and individuals participating in LISA-sanctioned soccer programs and events;
- will respond to reports in a timely manner;
- will communicate with LISA Members to ensure that measures are in place to enforce the codes of conduct,
- will actively support and demonstrate compliance with the codes of conduct, and
- will make reasonable efforts to discourage or prevent others from violating the codes of conduct.

LISA Member organizations:

- are responsible for ensuring that members of their organization follow the LISA Codes of Conduct;
- are accountable for their own conduct as well as the actions of their members, staff, players, volunteers, and related participants;

⁴³ <https://sportintegritycommissioner.ca/uccms>

⁴⁴ https://canadasoccer.com/wp-content/uploads/2020/11/CSA_Code_of_Conduct_and_Ethics_FINAL_22.09.17_EN.pdf

⁴⁵ <https://www.bcsoccer.net/media/k5kjsimr/conduct-ethics.pdf>



LISA RULES AND REGULATIONS

- will report violations of codes of conduct that they are unable to resolve themselves to responsible authorities (see Policy 602 Incident Reporting) as appropriate; and
- may be sanctioned for misconduct on the part of those persons.

Member organization boards:

- will oversee code of conduct compliance within their organization;
- may adopt member-specific measures to further enforce the LISA codes of conduct;
- will ensure that all persons in positions of authority support and demonstrate compliance with codes of conduct;
- will disseminate and encourage support of the LISA codes of conduct with its membership;
- will monitor their soccer related activities to ensure compliance with the codes of conduct and to identify problem areas;
- will make all reasonable efforts to discourage or prevent violations to the codes of conduct; will designate an individual or establish a committee to investigate reports of violations; and
- report violations of codes of conduct to BCSA and / or LISA as appropriate (see Rule 701 Reporting Compliance Issues).

Team Officials:

- are responsible for ensuring that players and spectators follow the LISA Codes of Conduct; and
- are responsible for the conduct of spectators at team events.

**RULE 701: REPORTING COMPLIANCE ISSUES**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

LISA and its Member organizations rely on all participants to be vigilant and report any action or suspected action that may violate the code of ethics.

LISA aligns with the CSA Whistleblower Policy⁴⁷ in order to provide a means for individuals to report actions or suspected actions in a confidential and anonymous manner, and without fear of retaliation or reprisal.

LISA uses a tiered approach so that reports are received and dealt with at the level closest to where the infraction is reported to have occurred and escalates those that are unresolved.

Rule**Scope**

This policy:

- applies to the types of activities or behavior outlined in LISA policies 105 Code of Conduct, 106 Conflict of Interest, and 601 Expected Behaviour;
- applies to all participants in LISA-sanctioned soccer; and
- does not relate to private acts of an individual that are not connected to LISA-sanctioned events.

Guideline

All Participants:

- have a duty to report actual, suspected or intended misconduct, unlawful activity, suspicious financial management, or other accountability concerns;
- have the right refuse to carry out any order or directive that is illegal, unethical, or against policy; and
- will follow the same reporting procedures if they believe that someone who has made a report or who has cooperated in the investigation of a violation is suffering from harassment, retaliation or other adverse employment conditions.

LISA and LISA Member organizations:

- will designate an individual, establish a committee, or delegate responsibility to their risk management officer to handle incident reports for their organization;
- will ensure that the process for reporting concerns or complaints is confidential and anonymous, without fear of retaliation or reprisal;
- will treat all reports and information gathered in a confidential and sensitive manner;
- will not take any actions against any individual based on any lawful actions the individual has taken;
- will prohibit any effort to retaliate against any person filing a submission in good faith;

⁴⁷ https://canadasoccer.com/wp-content/uploads/2020/11/CS_Whistleblower_Policy_02_05_18_EN.pdf



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- will not take action against an individual who makes an allegation in good faith and the allegation is not confirmed by subsequent investigation;
- will take action, including disciplinary action, if the investigation reveals that an individual deliberately made false or malicious or vexatious allegations; and
- will escalate the reported violation if they are unable to resolve the matter.

LISA Member organizations:

- may coordinate with LISA to determine the adjudicating body, timelines, communications, and any further information that may be required;
- refer all allegations of misconduct, including those that could be considered a crime to LISA; and
- escalate allegations to LISA if they are unable to resolve the matter; and
- escalate the matter to LISA if they consider the allegation of misconduct to be sufficiently egregious.

The individual filing a report:

- will follow this hierarchy of contact points for filing a report:
 - coach or team official,
 - Member Risk Management Officer,
 - LISA Risk Management Officer,
 - BCSA Risk Management Officer, or
 - CSA Risk Management Officer.

**RULE 702: SPECTATOR AND PARENT BEHAVIOUR**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

Spectators and parents aligned with LISA Member organizations and teams are expected to behave in a manner that does not bring the game into disrepute.

They will participate in ways that ensure a healthy and safe environment.

LISA Member organizations are responsible for ensuring that spectators and parents aligned with their organization and teams are aware of and respect the behaviour expectations.

Rules

LISA Member organizations:

- will make spectators and parents aligned with their teams:
 - aware of behaviour expectations;
 - aware of the consequences for them and the team if they fail to behave appropriately;and
- will ensure that their team officials:
 - are aware of the behaviour expectations; and
 - make every reasonable effort to ensure that the expectations are met.

LISA officials:

- will ask the coach to remove any spectator aligned with their team who the official feels is undermining his or her authority;
- will not restart the game until the offending party has removed themselves or has been removed; and
- will abandon the game if the offending party refuses to leave.

LISA and / or BCSA:

- will call the coach of the team aligned with the offending party to discipline; and
- will take disciplinary action (see Rule 706 Infractions):

Team officials called to discipline:

- must take the Respect in Sport course before returning to coaching.

**RULE 703: DISCIPLINE PROCEDURES**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

LISA applies the rights of natural justice in dealing with discipline matters:

- the right to a fair process;
- the right that the process be impartial and not biased;
- the right for parties to be heard; and
- the right to be given the reasons for most decisions.

LISA applies these principles in order to provide individuals and organizations with fair and equitable hearings of allegations of inappropriate behaviour.

LISA supports the principle that actions be taken by the organization or official closest to where the alleged conduct occurred and escalating the responsibility where this approach would be ineffective or inappropriate.

Rules**Scope**

This policy:

- applies to:
 - all incidents of misconduct;
 - all participants in LISA-sanctioned soccer activities; and
 - all LISA-sanctioned soccer activities;
- aligns with BCSA's Discipline, Complaints and Appeals Policy⁴⁸.
- describes discipline proceedings; and
- describes sanctions that may be applied.

BCSA:

- will handle all allegations related to:
 - competitions and events directly managed and organized by BCSA;
 - physical assault that exceeds normal expected physical contact in a game;
 - language or profanity directed at a Match Official that cannot be resolved at a lower level;
 - intimidating and / or threatening behavior, including attempted abuse of a Match Official;
 - misconduct involving racist or sexist comments except those sent by an individual to ITP Sport⁴⁹;
 - misconduct by LISA or a LISA official (even if participating in another capacity); and

⁴⁸ https://www.bcsoccer.net/media/5p2isq3z/discipline-complaints-and-appeals-policy_november-2022.pdf

⁴⁹ <https://itpsport.ca/>



- any other matter directly related to BCSA that BCSA, in their sole discretion, chooses to handle;
- may, at their discretion, refer a case back to LISA; and
- will apply provincial sanctions to all instances where it finds the allegations to be valid.

LISA:

- will handle:
 - allegations related to competitions and events directly managed and organized by LISA;
 - allegations not being dealt with by BCSA that involve a LISA Member;
 - allegations escalated to LISA by a Member organization for resolution if LISA considers that the referral is valid;
- may escalate allegations to BCSA if LISA considers that the issue would be more appropriately dealt by BCSA;
- may decline a request escalated by a LISA Member if LISA considers that the issue is better dealt by the Member organization;
- will address any concerns raised that the process does not meet natural justice principles;
- will ensure that all parties have information on the allegations so that they can respond to the allegations and participate meaningfully;
- will apply sanctions, if needed, to an appropriate level, ensuring that the sanction meets the minimum level specified by BCSA;
- may nullify any proceedings if it later determines that the panel members and / or the process did not meet the requirements;
- will refer all misconduct that may be considered a crime to the police; and
- will provide an annual discipline report to BCSA.

LISA Member Organizations:

- will handle allegations related to their members; and
- may escalate resolution to LISA after discussion with the LISA Executive Director.

Adjudication

LISA and LISA Member organizations:

- will establish a hearing panel within 14 days of receiving the allegation; and
- will ensure that hearing panel members are not in a conflict of interest position.

Proceedings and findings

The Hearing Panel:

- will only deal with the matters raised in the allegation;
- will only deal with alleged behaviour starting from the latest of:
 - the day the misconduct is alleged to have occurred;
 - the day the most recent misconduct was committed; and
 - the day on which the misconduct ended;
- will begin the proceedings:
 - as timely as possible allowing for all parties to have a reasonable opportunity to participate; and
 - no later than two years from the date they become aware of the allegation.
- will hold the hearing in English but, if appropriate, will endeavour to provide an interpreter at the requester's expense;
- will fully consider the respondents' and defendants' submissions;



- will only hear from named parties, their advisors or representatives unless all parties agree to admit an unnamed person;
- will ensure that all information disclosed to them, including but not limited to the facts of the case, the contents of their deliberations, and the decisions taken, remains confidential even after the conclusion of the hearing.

Parties to the allegation:

- may raise a question to LISA on the qualification of a panel member;
- may raise an objection on a panel member they believe may not meet the qualifications;
- may either represent themselves or be represented by a person of their choosing;
- may only raise a concern about the process on the grounds that it fails to meet this policy; and
- may:
 - admit guilt and accept sanctions, without a hearing;
 - accept guilt and request a hearing; or
 - dispute guilt and request a hearing.

Any party or witness:

- must cooperate with a request for information related to the complaint.

Sanctions

LISA or the Member organization holding the hearing:

- may issue a:
 - written warning, indicating further sanction in the event of a further infringement;
 - written reprimand, which is an official written pronouncement of disapproval;
 - fine based on minimum standards set by BCSA but with the 'hearing body' deciding the terms and time limits for payment⁵⁰;
 - suspension for a specified number of games, a specified length of time, or from all soccer related activity; and
 - return of awards including all benefits, in particular, sums of money and symbolic objects (medal, trophy); and
- will enforce the sanction.

⁵⁰ Members are jointly liable for fines imposed on representative team players and Officials. The fact that the person has left LISA or a LISA Member does not cancel out joint liability.

**RULE 704: GAME ABANDONMENT**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	August 2024
Date Last Reviewed	

Rule Statement

Referees will abandon a game if they consider that the players, spectators, or referees are at risk and will not be able to play or enjoy the game.

If a game is abandoned, LISA will determine whether it will be replayed or how the points will be awarded.

Rules

The Referee:

- will decide if the reason to abandon the game:
 - is due to actions of the coach, players, and / or spectators of either one or both teams; or
 - is due to factors outside the control of the teams (such as weather or injury); and
- will report that the game has been abandoned to the 'home' organization and LISA.

The 'home' organization:

- will inform LISA that the game has been abandoned; and
- will provide the grounds for the decision.

LISA:

- will review the circumstances leading to the game being abandoned;
- will grant approval for the game to be replayed if the causes were outside the control of the teams;
- will not grant a replay unless there are special circumstances; and
- may consider a match complete if the game was abandoned having completed 2/3rd (two thirds) of the match (53 minutes for 80 minute matches, and 60 minutes for 90 minute matches) if the abandonment was outside the control of the teams;
- has the final authority to:
 - declare that the score at the time of the abandonment is the final score if one team caused the abandonment and the opposing team is ahead;
 - score 1-0 in favor of the opposing team if the team causing the abandonment is ahead;
 - score 1-0 in favor of the opposing team if one team caused the abandonment and the score is tied; and
 - a score of zero to both teams if both teams caused the abandonment.

**RULE 705: FORFEITURE OF GAME**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

This rule applies to BCSA qualification playdowns.

Rules

LISA:

- will decide if a team that does not attend or complete a scheduled Provincial Premier Cup, A Cup or B Cup tournament match has forfeited the game or will be subject to another outcome; and
- may levy a fine of \$1000 for each time a team, without just cause, fails to fulfil a game obligation after the Lower Island draw has been completed.

BCSA:

- may also assess fines in addition to the LISA fines.

Teams and Member organizations:

- must promptly notify LISA if the team is not able to meet Provincial Premier Cup, A Cup or B Cup commitments.

**RULE 706: INFRACTIONS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

LISA may fine a player, team, team official, spectator, Full Member, or Provisional Full Member for an infraction of a rule.

LISA will not levy a fine against a youth-aged person for an infraction.

Rules

Fines for the infraction of a rule are noted in the rule.

Refer also to Rule 612, Protests.

All complainants:

- must submit complaints of infractions:
 - in writing;
 - to the Executive Director;
 - dated and signed; and
 - with supporting documents attached (e.g. referee match reports)
- must email, mail, or deliver the complaint:
 - to the Executive Director; and
 - to be sent within 10 days of the infraction becoming known to the complainant.

LISA:

- will send the complaint to:
 - the Executive Director; or
 - Complaints Committee set up by the Board to investigate.

The investigator:

- will determine if the complaint should have been submitted as a protest;
- will:
 - return the 'protest' to the LISA Full Member or Provisional Full Member to handle in accordance with Rule 612 Protests; or
 - may rule in a way that does not advantage the complainant while still addressing the concerns outlined in the complaint.
- will send the written complaint to the individual or team alleged to have committed the infraction;
- will forward a copy to the President of the Member organization of which the individual or team is a member;
- will conduct a formal hearing in accordance with BCSA discipline hearing procedures⁵¹ if they consider that a hearing is necessary; and

⁵¹ <https://www.bcsoccer.net/media/oqybtukuf/bc-soccer-complaints-discipline-and-appeals-procedures-november-2022.pdf>



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- will send a written summation of their findings to the individual or an official of a team concerned, and to the President of the Member organization within 72 hours of making the decision.

The subject of the complaint:

- may provide a written response to the investigator within three days (72 hours) of receiving the copy of the complaint; and
- may appeal the decision to BCSA.⁵²

Infractions

The LISA Executive Director or LISA Adjudication Committee can deal with these infractions.

INFRACTION	1 ST	2 ND	3 RD AND MORE
Team fails to report a league or cup score to the LISA Score Recorder	• warning	• \$50 fine	• \$100 fine per infraction
Team scheduled for a game fails to secure permission of Scheduling Committee to cancel or postpone the game	• warning	• \$100 fine • post a \$200 bond with conditions	• as stipulated in the bond
Team fails to appear for a scheduled game without just cause	• forfeit the game • \$100 fine • referee costs	• forfeit the game • \$150 fine • referee costs • post a \$500 bond with conditions	• as stipulated in the bond
Team fails to start game or withdraws after the game has started unless so directed by the Referee	• forfeit the game • \$100 fine • referee costs	• forfeit the game • \$150 fine • referee costs • post a \$500 bond with conditions	• as stipulated in the bond
Team or teams held to be at fault for abandoning a game	• forfeit the game • minimum \$200 fine • post a \$500 bond	• forfeit the game • forfeit the \$500 bond • post a \$1000 bond	• forfeit \$1000 bond • may be expelled from league • reported to BCSA
Team having accumulated excessive red cards and / or ejections of	• three red cards / ejections:	• six red cards / ejections: team official and Member representative to	• as stipulated in the bond

⁵² https://www.bcsoccer.net/media/5p2isq3z/discipline-complaints-and-appeals-policy_november-2022.pdf



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INFRACTION	1 ST	2 ND	3 RD AND MORE
team official or spectators during the course of one season	- written warning sent to the team's home club - fine \$250 and/or Bond up to \$1000.00	- attend a discipline meeting - fine \$250 and/or Bond up to \$1000.00	
Team officials fail to address the referee, harass the referee, persistently criticize the referee, persistently dispute referee calls	- Fine or Bond up to \$250 1 to 4 matches	fine \$250 and/or Bond up to \$1000.004 to 8 matches .	- as stipulated in the bond 6 to 12 matches
Team officials fail to control spectator(s)	Fine \$300 and/or bond up to \$10002 to 8 weeks suspension	Fine \$300 and/or bond up to \$10004 to 12 week suspension	Fine \$300 and/or bond up to \$10006 to 24 month suspension
Team official or spectator misconduct towards a referee or linesperson	- Fine or Bond up to \$250 1 to 4 matches	fine \$250 and/or Bond up to \$1000.004 to 8 matches .	- as stipulated in the bond 6 to 12 matches
Player/team official, while under suspension and attending a game as a spectator, behaves in a manner that brings the game into disrepute	- Fine and/or bond up to \$500 2 to 5 weeks suspension	Fine and/or bond up to \$5002 to 4 months suspension	- Fine and/or bond up to \$500 3 to 12 months suspension
Team playing an exhibition match against a registered team from outside their own club without first notifying LISA of the date, time, location and name of opposing team	written warning	\$100 fine - team official placed on a bond	as stipulated in the bond
Team participating in a sanctioned tournament within BC without first notifying LISA of the intent to participate	written warning	\$100 fine - team official placed on a bond	as stipulated in the bond
Team participating in a sanctioned	\$100 fine - disciplinary action	minimum \$200.00 fine	as stipulated in the bond



LISA RULES AND REGULATIONS

INFRACTION	1 ST	2 ND	3 RD AND MORE
tournament outside BC without first having obtained the required travel documents from LISA, BCSA or CSA		- team official placed on a bond - disciplinary action	
Team participation in non-sanctioned/unaffiliated soccer activity	Fine up to \$1,000 to and/or Bond up to \$10,000	- Fine \$2,000 to \$10,000 and/or Bond up to \$10,000 - Suspension up to 1 year	- Fine \$2000.00 to \$10,000 and/or bond up to \$10,000 - Suspension up to 5 years
Team, team official, or LISA Member promotes non-sanctioned/unaffiliated soccer activity	- Reprimand up to 2 years - Possible Fine \$2000 to \$10,000 and/or bond up to \$10,000	Reprimand up to 5 years	Reprimand up to lifetime
Any team official who knowingly plays a suspended (ineligible) or unregistered (illegal) player	1 to 12 month suspension - Possible fine \$300 and/or bond up to \$1,000	- By same team official: 3 to 24 month suspension - Possible fine \$300 and/or bond up to \$1,000	24 to 60 month suspension - Possible fine \$300 and/or bond up to \$1,000
Member organization knowingly or with careless disregard fails to register player(s) with LISA	3 to 12 month suspension - Possible fine \$100 and/or bond up to \$1000	6 to 60 month suspension - Possible fine \$100 and/or bond up to \$1000.	Up to lifetime suspension
Poaching player from another team	1 to 6 month suspension - Possible fine \$300 and/or bond up to \$1000	6 to 60 month suspension - Possible fine \$300 and/or bond up to \$1000	- Up to Lifetime - Possible fine \$300 and/or bond up to \$1000
The previous winning team fails to return the trophy	By 1 st deadline: \$50 fine per trophy	By 2 nd deadline \$100 fine per trophy	By 3 rd deadline \$100 per trophy - cost to replace trophy
Member organization fails to send a representative to LISA	\$50 fine	\$100 fine	forfeit bond



LISA RULES AND REGULATIONS

INFRACTION	1 ST	2 ND	3 RD AND MORE
governance and functional meetings			
Member organization fails to notify a player of their required attendance at a Discipline Hearing:	\$50 fine	\$100 fine (once per season)	
Any infraction of the rules for which a penalty is not presently specified by LISA or BCSA	- maximum \$100 fine - and / or - suspension of up to one month of in-season league play	2nd offence of the same section: - fine of \$100 to \$500 - and/or - suspension of one to six months of in-season league play	- penalty set by the complaints committee - not less than the penalty for the second offence

**RULE 707: PERFORMANCE BONDS**

VERSION HISTORY	
Date of Original Version	January 2024
Date of Revised Version	
Date Last Reviewed	

Rule Statement

LISA may, for just cause, place any player, team, team official or spectator on a specific performance bond before or during the course of a season.

Rules

LISA:

- will set the amount of the bond;
- may state that the individual or team will post the bond;
- will outline the purpose(s) to be served;
- will stipulate the duration of the bond;
- will state the conditions under which either all or a portion of the bonding amount may be forfeited;
- will immediately suspend a player, team official, or spectator who refuses to sign an undertaking that makes up the bond or fails to post the required bond deposit;
- will return the bond less any fines if a club merges or folds; and
- will not pay Interest on bond deposits.

The Member organization:

- must immediately replenish the bond to the \$500 level if all or a portion of a bond is consumed during the course of the season.