

2026 U14 Girls Div. 2 DISTRICT CUP

U14 TEAMS ENTERED

CONTACTS

1. **Bays United** – Kathryn Vallance kathrynvallance@yahoo.ca ; Mitchell Selly mselly@macisaacgroup.com
2. **Cowichan Valley (Div. 3 champ)** – Tonya Kilmer tonya@impactot.ca ;
Carlos Arias mayangreencoffee@gmail.com ; Marlese Plater marleseplater@gmail.com
3. **Gorge FC** – Wayne Seator wayne-seator@hotmail.com ; Amber Weber 250-514-7433 ;
Mike Scharien 250-589-9931
4. **Juan de Fuca** – Nikki Moir finsnikki@gmail.com ; Robert Roueche robertroueche@hotmail.com ;
Heather Bewsher heather.mansfield@hotmail.com
5. **Lakehill (Div. 3)** – Nick Barber nickbarberdc@gmail.com ; Matt Belvedere sportsphan55@yahoo.ca ;
Julia Stephen october_sky22@hotmail.com
6. **Peninsula** – Ryan Braun ryanbraun82@gmail.com
7. **Prospect Lake** – Erica McIntosh ericarmcintosh17@gmail.com ; Joe Shook joseph.shook@gmail.com
8. **Saanich Fusion Blue** – Glen Lyon hutzer10@gmail.com ; Jackie Lyon 250-516-7825;
Amelia Nimmon 250-202-4461; Jesse Wallace 250-370-0996
9. **Salt Spring** – Jason Buck 778-677-7203; Anna Pugh annajpugh@gmail.com

Salt Spring (Buck) 3-0

a) (home)

Prospect Lake (McIntosh)

b) Saturday, January 31

Salt Spring (Buck)

(winner advances to "c" in quarter-finals)

Both teams must enter the score onto their team page on the LISA website and email the score (*include team names, division, name of cup competition*) ***as soon as possible after*** their match to:

LISA score recorder: brianisadavis@gmail.com

The winning team in each match advances to the next round of the District Cup playdowns. The Lower Island District Cup finals will be co-hosted by Peninsula over the weekend of March 7/8.

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Heather Bewsher heather.mansfield@hotmail.com
5. **Lakehill (Div. 3)** – Nick Barber nickbarberdc@gmail.com ; Matt Belvedere sportsphan55@yahoo.ca ;
Julia Stephen october_sky22@hotmail.com
6. **Peninsula** – Ryan Braun ryanbraun82@gmail.com
7. **Prospect Lake** – Erica McIntosh ericarmcintosh17@gmail.com ; Joe Shook joseph.shook@gmail.com
8. **Saanich Fusion Blue** – Glen Lyon hutzer10@gmail.com ; Jackie Lyon 250-516-7825;
Amelia Nimmon 250-202-4461; Jesse Wallace 250-370-0996
9. **Salt Spring** – Jason Buck 778-677-7203; Anna Pugh annajpugh@gmail.com

Salt Spring (Buck)

c) winner a/b (home)

Bays United (Vallance)

d)

Juan de Fuca (Moir)

e) (home)

Lakehill (D3 Barber)

f)

Gorge FC (Seator)

g) (home)

Saanich Fusion Blue (Lyon)

h)

Peninsula (Braun)

i) (home)

Cowichan Valley (D3 champ Kilmer)

j)

Quarter-finals: Saturday, February 7

Semi-finals: Saturday, February 21

Final: March 7/8

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The winning team in each match advances to the next round of the District Cup playdowns. The Lower Island District Cup finals will be co-hosted by Peninsula over the weekend of March 7/8.

2026 U15/16 Girls Div. 3 DISTRICT CUP

U15/16 TEAMS ENTERED

CONTACTS

1. **Bays United U16** – Sara Loos sarahloos@gmail.com ; Emad Ghashghaee 604-727-7724;
Ryan McQuillan 604-213-7285
2. **Cowichan Valley U15** – Vladimir Valastiak 604-347-7520
3. **Gorge Rovers U16** – Kyle Matthews 250-634-0308; Trisha Van Ek 686-5058
4. **Gorge United U15** – Stephanie Raymond stephrobraymond@gmail.com ;
Gillian Petrini gillian.lehain@gmail.com
5. **Juan de Fuca U16** – Patrick Robbins robbins5@telus.net ; Andrea O'Higgins andreaohiggins@gmail.com
6. **Lakehill** – Mike Erickson mike.erickson75@gmail.com ; Derek Lind d.j.lind@shaw.ca
7. **Peninsula U16** – Shannon Moore ssmoore@telus.net
8. **Saanich Fusion U15** – Jordan Roszmann 250-889-9484; Holly Richey 250-588-3943;
Claire Bandy 250-477-3176; Allison Manning 250-857-6139; Erik Solbakken 250-634-1153

Gorge United (Raymond)

a) (home)

Juan de Fuca (Robbins)

b)

Bays United (Loos)

c) (home)

Peninsula (Moore)

d)

Saanich Fusion (Roszmann)

e) (home)

Cowichan Valley (Valastiak)

f)

Gorge Rovers (Matthews)

g) (home)

Lakehill (Erickson)

h)

Quarter-finals: Saturday, February 7

Semi-finals: Saturday, February 21

Final: March 7/8

Both teams must enter the score onto their team page on the LISA website and email the score (*include team names, division, name of cup competition*) ***as soon as possible after*** their match to:

LISA score recorder: brianisadavis@gmail.com

The winning team in each match advances to the next round of the District Cup playdowns. The Lower Island District Cup finals will be co-hosted by Peninsula over the weekend of March 7/8.

2026 U17/18 Girls Div. 2 DISTRICT CUP

U17/18 TEAMS ENTERED

CONTACTS

1. **Bays United U18** – Jim Buchan jgbscot1962@yahoo.com ; Christine White cctw@me.com ;
Lucho Davidov luchodavidov@yahoo.ca
2. **Gorge United U17** – Mike Sheehan mshsheehan333@gmail.com ; Scott Towne 250-532-0191;
Tyler Morran tdmorran@gmail.com
3. **Juan de Fuca U18** – Patrick Robbins robbins5@telus.net ; Mike Brown mikebrown86@hotmail.com ;
Andrew Harward theharwardhouse@hotmail.com
4. **Lakehill U18 (Div. 3)** – Jeff Auld bjauld@shaw.ca ; Anthony Sampson drewwayne05@gmail.com ;
Kath Milinazzo kmilinazzo1@gmail.com
5. **Salt Spring U18** – Ciaran Ayton 250-221-2197; Anna Pugh annajpugh@gmail.com ;
Andrew Copping 604-720-2982
6. **Div. 3 league champ** (yet to be declared)

Gorge United (Sheehan)

a) (home)

Lakehill (D3 Auld)

b)

(home)

(designated home)

Juan de Fuca (Robbins)

e)

Salt Spring (Ayton)

c) (home)

Bays United (Buchan)

d)

(home)

Div. 3 champ

f)

Quarter-finals: Sunday, February 8

Semi-finals: Sunday, February 22

Final: March 8

Both teams must enter the score onto their team page on the LISA website and email the score (*include team names, division, name of cup competition*) ***as soon as possible after*** their match to:

LISA score recorder: brianisadavis@gmail.com

The winning team in each match advances to the next round of the District Cup playdowns. The Lower Island District Cup finals will be co-hosted by Peninsula over the weekend of March 7/8.